Application for a §1915(c) Home and Community-Based Services Waiver

PURPOSE OF THE HCBS WAIVER PROGRAM

The Medicaid Home and Community-Based Services (HCBS) waiver program is authorized in §1915(c) of the Social Security Act. The program permits a State to furnish an array of home and community-based services that assist Medicaid beneficiaries to live in the community and avoid institutionalization. The State has broad discretion to design its waiver program to address the needs of the waiver's target population. Waiver services complement and/or supplement the services that are available to participants through the Medicaid State plan and other federal, state and local public programs as well as the supports that families and communities provide.

The Centers for Medicare & Medicaid Services (CMS) recognizes that the design and operational features of a waiver program will vary depending on the specific needs of the target population, the resources available to the State, service delivery system structure, State goals and objectives, and other factors. A State has the latitude to design a waiver program that is cost-effective and employs a variety of service delivery approaches, including participant direction of services.

Request for a Renewal to a §1915(c) Home and Community-Based Services Waiver

1. Major Changes

Describe any significant changes to the approved waiver that are being made in this renewal application:

Maryland is applying for a second renewal of the Autism Waiver for the period of July 1, 2009 to June 30, 2014. This renewal request includes the addition of one service, Adult Life Planning (ALP. The purpose of ALP is to assist children who will be leaving the Autism Waiver to enter the adult service delivery system by providing specific interventions and supports for the transition.

An additional type of residential habilitation is proposed. This category will allow providers to bill the Autism Waiver for a limited number of days annually for children visiting their family, during a child's hospitalization, and for other overnight stays away from their residential program. One of the goals of residential habilitation is to prepare a participant for the eventual return to the child's family. This will support the child and encourage the family and provider to plan for this progression.

The elimination of Supported Employment as a waiver sevice is proposed because it is available as an entitlement under the Individuals with Disabilities Education Act and therefore, does not need to be covered as a waiver service.

Maryland considers all other changes to the Autism Waiver to be technical amendments to those waiver services already approved by CMS. Those changes include the following modifications to the limits of existing services:

- a) an increase in respite care hours from 168 hours to 336 hours in a 12 month period;
- b) a decrease from 30 hours of Intensive Individual Support Services in a seven day period to 25 hours;
- c) a limit of eight hours a day for Intensive Individual Support Service; exceptions to be approved by the OSA.
- d) an update to the definition of environmental accessibility adaptations to incorporate safety and technological advances;
- e) additional flexibility in the use of Therapeutic Integration Service for days when school is not in session; and
- f) a decrease in Family Training from 60 hours annually to 40 hours annually.

Application for a §1915(c) Home and Community-Based Services Waiver

1. Request Information (1 of 3)

- **A.** The **State** of **Maryland** requests approval for a Medicaid home and community-based services (HCBS) waiver under the authority of §1915(c) of the Social Security Act (the Act).
- **B.** Program Title (optional this title will be used to locate this waiver in the finder): Waiver for Children with Autism Spectrum Disorder renewal
- C. Type of Request: renewal
 - **Migration Waiver** this is an existing approved waiver

	Renewal of Waiver:				
	Provide the information about the original waiver being renewed				
	Base Waiver Number: 0339				
	Amendment Number				
	(if applicable): 3				
	(Copperation)				
	Effective Date: (mm/dd/yy) 07/01/01 Waiver Number: MD.0339.R02.00				
	Draft ID: MD.14.02.00				
	Renewal Number: 02				
D.	Type of Waiver (select only one):				
	Regular Waiver				
E.	Proposed Effective Date: (mm/dd/yy)				
	07/01/09				
1. R	equest Information (2 of 3)				
F.	Level(s) of Care . This waiver is requested in order to provide home and community-based waiver services to individuals w but for the provision of such services, would require the following level(s) of care, the costs of which would be reimbursed	ho			
	under the approved Medicaid State plan (check each that applies): Hospital				
	Select applicable level of care				
	Hospital as defined in 42 CFR §440.10 If applicable, specify whether the State additionally limits the waiver to subcategories of the hospital level of care	:			
	Inpatient psychiatric facility for individuals age 21 and under as provided in 42 CFR §440.160				
	Nursing Facility				
	Select applicable level of care				
	Nursing Facility As defined in 42 CFR §440.40 and 42 CFR §440.155				
	If applicable, specify whether the State additionally limits the waiver to subcategories of the nursing facility level care:	of			
		\neg			
	Institution for Montal Disease for necessary with montal illnesses aged 65 and older as provided in 42 CED				
	Institution for Mental Disease for persons with mental illnesses aged 65 and older as provided in 42 CFR §440.140				
	Intermediate Care Facility for the Mentally Retarded (ICF/MR) (as defined in 42 CFR §440.150)				
	If applicable, specify whether the State additionally limits the waiver to subcategories of the ICF/MR level of care:				
	<u> </u>				
1 D	equest Information (2 of 2)				

1. Request Information (3 of 3)

G. Concurrent Operation with Other Programs. This waiver operates concurrently with another program (or programs) approved under the following authorities

Select one:

- Not applicable
- Applicable

Check the applicable authority or authorities:

- Services furnished under the provisions of §1915(a)(1)(a) of the Act and described in Appendix I
- Waiver(s) authorized under §1915(b) of the Act.

Specify the §1915(b) waiver program and indicate whether a §1915(b) waiver application has been submitted or

previously approved:
Specify the §1915(b) authorities under which this program operates (check each that applies): §1915(b)(1) (mandated enrollment to managed care)
§1915(b)(2) (central broker)
§1915(b)(3) (employ cost savings to furnish additional services)
§1915(b)(4) (selective contracting/limit number of providers)
A program operated under §1932(a) of the Act.
Specify the nature of the State Plan benefit and indicate whether the State Plan Amendment has been submitted or previously approved:
A program authorized under §1915(i) of the Act.
A program authorized under §1915(j) of the Act.
A program authorized under §1115 of the Act.
Specify the program:

2. Brief Waiver Description

Brief Waiver Description. *In one page or less*, briefly describe the purpose of the waiver, including its goals, objectives, organizational structure (e.g., the roles of state, local and other entities), and service delivery methods. Goals and Objectives

The purpose of the Home and Community Based Waiver for Children with Autism Spectrum Disorder is to provide services and supports to children with autism to enable them to remain safely in their home and community.

The goals for the autism waiver are:

- 1) Keeping children with autism safe in their home and community;
- 2) Improving the quality of life for families of children with autism;
- 3) Providing quality services to maximize a child's capacity for independence;
- 4) Providing quality services to support and develop functional and adaptive skills; and
- 5) Providing quality services to reduce maladaptive behaviors in children with autism spectrum disorder.

The objectives of the Home and Community Based Waiver for Children with Autism Spectrum Disorder include:

- 1)Identifying and approving quality Autism Waiver Providers;
- 2)Training service coordinators to provide quality support to families;and
- 3)Coordinating the transition to the adult system for children on the waiver.

Organizational Structure

The Maryland Department of Health and Mental Hygiene (DHMH) is the single State Medicaid Agency (SMA) charged with the administration of Maryland's Medicaid Program. The Office of Health Services (OHS)- Division of Waiver Programs is responsible for the operations oversight of the Waiver for Children with Autism Spectrum Disorder otherwise know as the Autism Waiver. The Maryland State Department of Education serves as the Operating State Agency (OSA) for the Autism Waiver. The SMA and OSA have a Memorandum of Understanding (MOU) that identifies the roles and responsibilities of each agency to assure compliance with federal and state requirements.

The Autism Waiver is implemented by MSDE's Division of Special Education/Early Intervention Services, Special Services Branch. Daily implementation and supervision is done by the staff of Health Related Resources Section. Administrative decisions, interagency coordination, and staff supervision is led by the Section Chief of the Health Related Services Section. The section includes three full time Educational Specialists, and 1.5 Administrative Specialists. Within the Division of Special Education, additional support for the Autism Waiver is provided by the Family Services and Interagency Branch's Special Initiatives and Family Support Specialist.

The OHS, the Division of Waiver Programs (DWP) provides administrative oversight to the waiver. Staff include an Autism Waiver Coordinator and a compliance support specialist under the direction of the Division Chief for DWP. The Quality Care Review Team which monitors the care provided to a sample of participants annually is located within OHS. Additional support within the DHMH is provided by the Division of Eligibility for Waiver Service (DEWS), The DHMH Attorney General's Office, the Office of Operations, Systems and Pharmacy and the Office of Finance.

Service Coordination for the Autism Waiver is an optional state plan Medicaid service provided through the local school systems. Some of the local school systems utilize local units of government, such as a local health department, or contract with service coordination agencies. Other local school systems provide the service coordination directly.

The Autism Waiver plans of care (service plans) are developed by the multidisciplinary team including the child's service coordinator based on federal and state Medicaid regulatory criteria that is identified in state regulation. The multidisciplinary team consists of the child's parent, service coordinator, and other licensed or certified professionals. The team reviews the child's treatment plans and other assessments to identify needed waiver services, the amount of service, the provider of each service, and the service beginning and end dates to assure the child's health and safety. The multidisciplinary team is required to review and approve the waiver plan of care which identifies the waiver services needed by the child.

As part of the process of renewal and approval, the service coordinator will receive a treatment plan from the providers of service. The treatment plans identify the goals and interventions that are being implemented by the provider to address the health and safety of the children.

The Operating State Agency maintains a central file for each child who applies to Autism Waiver that includes their Autism Waiver certification and annual recertification requirements which include: 1) the Level of Care, 2) Plan of Care, 3) Freedom of Choice, 4) Technical Eligibility Form, and 5) Plan of Care Addendums.

Service Delivery Methods

The services provided through the waiver include: Intensive Individual Support Services Therapeutic Integration Family Training Adult Life Planning Residential Habilitation Environmental Accessibility Adaptations

Any qualified provider may apply to become a provider under the Autism Waiver. Children and their families are free to choose from any Autism Waiver provider that is approved by the OSA and SMA and is enrolled as a Medicaid provider. Families are assisted by the service coordinator in locating providers as needed. The OSA provides an updated list of approved providers to the service coordinator at least once every three months. The service coordinator monitors the delivery of services to ensure services are being delivered in accordance with the plan of care. The Autism Waiver service coordination is funded as a State Plan Medicaid service and does not provide waiver services to prevent a potential conflict of interest.

3. Components of the Waiver Request

The waiver application consists of the following components. Note: <u>Item 3-E must be completed.</u>

- A. Waiver Administration and Operation. Appendix A specifies the administrative and operational structure of this waiver.
- **B.** Participant Access and Eligibility. Appendix B specifies the target group(s) of individuals who are served in this waiver, the number of participants that the State expects to serve during each year that the waiver is in effect, applicable Medicaid eligibility and post-eligibility (if applicable) requirements, and procedures for the evaluation and reevaluation of level of care.
- **C.** Participant Services. Appendix C specifies the home and community-based waiver services that are furnished through the waiver, including applicable limitations on such services.
- **D.** Participant-Centered Service Planning and Delivery. Appendix **D** specifies the procedures and methods that the State uses to develop, implement and monitor the participant-centered service plan (of care).
- E. Participant-Direction of Services. When the State provides for participant direction of services, Appendix E specifies the

participant direction opportunities that are offered in the waiver and the supports that are available to participants who direct their services. (*Select one*):

- **Yes.** This waiver provides participant direction opportunities. *Appendix E is required.*
- No. This waiver does not provide participant direction opportunities. Appendix E is not required.
- **F.** Participant Rights. Appendix **F** specifies how the State informs participants of their Medicaid Fair Hearing rights and other procedures to address participant grievances and complaints.
- **G.** Participant Safeguards. Appendix G describes the safeguards that the State has established to assure the health and welfare of waiver participants in specified areas.
- H. Quality Improvement Strategy. Appendix H contains the Quality Improvement Strategy for this waiver.
- **I. Financial Accountability. Appendix I** describes the methods by which the State makes payments for waiver services, ensures the integrity of these payments, and complies with applicable federal requirements concerning payments and federal financial participation.
- J. Cost-Neutrality Demonstration. Appendix J contains the State's demonstration that the waiver is cost-neutral.

4. Waiver(s) Requested

- **A.** Comparability. The State requests a waiver of the requirements contained in §1902(a)(10)(B) of the Act in order to provide the services specified in **Appendix C** that are not otherwise available under the approved Medicaid State plan to individuals who: (a) require the level(s) of care specified in Item 1.F and (b) meet the target group criteria specified in **Appendix B**.
- **B.** Income and Resources for the Medically Needy. Indicate whether the State requests a waiver of §1902(a)(10)(C)(i)(III) of the Act in order to use institutional income and resource rules for the medically needy (*select one*):
 - Not Applicable
 - No
 - Yes
- **C. Statewideness.** Indicate whether the State requests a waiver of the statewideness requirements in §1902(a)(1) of the Act (*select one*):
 - No
 - Yes

If yes, specify the waiver of statewideness that is requested (check each that applies):

- Geographic Limitation. A waiver of statewideness is requested in order to furnish services under this waiver only to individuals who reside in the following geographic areas or political subdivisions of the State.
 Specify the areas to which this waiver applies and, as applicable, the phase-in schedule of the waiver by geographic area:
- Limited Implementation of Participant-Direction. A waiver of statewideness is requested in order to make participant-direction of services as specified in Appendix E available only to individuals who reside in the following geographic areas or political subdivisions of the State. Participants who reside in these areas may elect to direct their services as provided by the State or receive comparable services through the service delivery methods that are in effect elsewhere in the State.

Specify the areas of the State affected by this waiver and, as applicable, the phase-in schedule of the waiver by geographic area:

5. Assurances

In accordance with 42 CFR §441.302, the State provides the following assurances to CMS:

A. Health & Welfare: The State assures that necessary safeguards have been taken to protect the health and welfare of persons

receiving services under this waiver. These safeguards include:

- 1. As specified in **Appendix C**, adequate standards for all types of providers that provide services under this waiver;
- 2. Assurance that the standards of any State licensure or certification requirements specified in **Appendix C** are met for services or for individuals furnishing services that are provided under the waiver. The State assures that these requirements are met on the date that the services are furnished; and,
- **3.** Assurance that all facilities subject to \$1616(e) of the Act where home and community-based waiver services are provided comply with the applicable State standards for board and care facilities as specified in **Appendix C**.
- **B.** Financial Accountability. The State assures financial accountability for funds expended for home and community-based services and maintains and makes available to the Department of Health and Human Services (including the Office of the Inspector General), the Comptroller General, or other designees, appropriate financial records documenting the cost of services provided under the waiver. Methods of financial accountability are specified in **Appendix I**.
- **C.** Evaluation of Need: The State assures that it provides for an initial evaluation (and periodic reevaluations, at least annually) of the need for a level of care specified for this waiver, when there is a reasonable indication that an individual might need such services in the near future (one month or less) but for the receipt of home and community based services under this waiver. The procedures for evaluation and reevaluation of level of care are specified in **Appendix B**.
- **D.** Choice of Alternatives: The State assures that when an individual is determined to be likely to require the level of care specified for this waiver and is in a target group specified in **Appendix B**, the individual (or, legal representative, if applicable) is:
 - 1. Informed of any feasible alternatives under the waiver; and,
 - 2. Given the choice of either institutional or home and community based waiver services. **Appendix B** specifies the procedures that the State employs to ensure that individuals are informed of feasible alternatives under the waiver and given the choice of institutional or home and community-based waiver services.
- E. Average Per Capita Expenditures: The State assures that, for any year that the waiver is in effect, the average per capita expenditures under the waiver will not exceed 100 percent of the average per capita expenditures that would have been made under the Medicaid State plan for the level(s) of care specified for this waiver had the waiver not been granted. Cost-neutrality is demonstrated in Appendix J.
- **F.** Actual Total Expenditures: The State assures that the actual total expenditures for home and community-based waiver and other Medicaid services and its claim for FFP in expenditures for the services provided to individuals under the waiver will not, in any year of the waiver period, exceed 100 percent of the amount that would be incurred in the absence of the waiver by the State's Medicaid program for these individuals in the institutional setting(s) specified for this waiver.
- **G. Institutionalization Absent Waiver:** The State assures that, absent the waiver, individuals served in the waiver would receive the appropriate type of Medicaid-funded institutional care for the level of care specified for this waiver.
- **H. Reporting:** The State assures that annually it will provide CMS with information concerning the impact of the waiver on the type, amount and cost of services provided under the Medicaid State plan and on the health and welfare of waiver participants. This information will be consistent with a data collection plan designed by CMS.
- I. Habilitation Services. The State assures that prevocational, educational, or supported employment services, or a combination of these services, if provided as habilitation services under the waiver are: (1) not otherwise available to the individual through a local educational agency under the Individuals with Disabilities Education Act (IDEA) or the Rehabilitation Act of 1973; and, (2) furnished as part of expanded habilitation services.
- J. Services for Individuals with Chronic Mental Illness. The State assures that federal financial participation (FFP) will not be claimed in expenditures for waiver services including, but not limited to, day treatment or partial hospitalization, psychosocial rehabilitation services, and clinic services provided as home and community-based services to individuals with chronic mental illnesses if these individuals, in the absence of a waiver, would be placed in an IMD and are: (1) age 22 to 64; (2) age 65 and

older and the State has not included the optional Medicaid benefit cited in 42 CFR §440.140; or (3) age 21 and under and the State has not included the optional Medicaid benefit cited in 42 CFR § 440.160.

6. Additional Requirements

Note: Item 6-I must be completed.

- **A. Service Plan.** In accordance with 42 CFR §441.301(b)(1)(i), a participant-centered service plan (of care) is developed for each participant employing the procedures specified in **Appendix D**. All waiver services are furnished pursuant to the service plan. The service plan describes: (a) the waiver services that are furnished to the participant, their projected frequency and the type of provider that furnishes each service and (b) the other services (regardless of funding source, including State plan services) and informal supports that complement waiver services in meeting the needs of the participant. The service plan is subject to the approval of the Medicaid agency. Federal financial participation (FFP) is not claimed for waiver services furnished prior to the development of the service plan or for services that are not included in the service plan.
- **B.** Inpatients. In accordance with 42 CFR §441.301(b)(1) (ii), waiver services are not furnished to individuals who are in-patients of a hospital, nursing facility or ICF/MR.
- **C. Room and Board**. In accordance with 42 CFR §441.310(a)(2), FFP is not claimed for the cost of room and board except when: (a) provided as part of respite services in a facility approved by the State that is not a private residence or (b) claimed as a portion of the rent and food that may be reasonably attributed to an unrelated caregiver who resides in the same household as the participant, as provided in **Appendix I**.
- Access to Services. The State does not limit or restrict participant access to waiver services except as provided in Appendix C.
- **E.** Free Choice of Provider. In accordance with 42 CFR §431.151, a participant may select any willing and qualified provider to furnish waiver services included in the service plan unless the State has received approval to limit the number of providers under the provisions of §1915(b) or another provision of the Act.
- **F. FFP Limitation**. In accordance with 42 CFR §433 Subpart D, FFP is not claimed for services when another third-party (e.g., another third party health insurer or other federal or state program) is legally liable and responsible for the provision and payment of the service. FFP also may not be claimed for services that are available without charge, or as free care to the community. Services will not be considered to be without charge, or free care, when (1) the provider establishes a fee schedule for each service available and (2) collects insurance information from all those served (Medicaid, and non-Medicaid), and bills other legally liable third party insurers. Alternatively, if a provider certifies that a particular legally liable third party insurer does not pay for the service(s), the provider may not generate further bills for that insurer for that annual period.
- **G. Fair Hearing:** The State provides the opportunity to request a Fair Hearing under 42 CFR §431 Subpart E, to individuals: (a) who are not given the choice of home and community- based waiver services as an alternative to institutional level of care specified for this waiver; (b) who are denied the service(s) of their choice or the provider(s) of their choice; or (c) whose services are denied, suspended, reduced or terminated. **Appendix F** specifies the State's procedures to provide individuals the opportunity to request a Fair Hearing, including providing notice of action as required in 42 CFR §431.210.
- **H.** Quality Improvement. The State operates a formal, comprehensive system to ensure that the waiver meets the assurances and other requirements contained in this application. Through an ongoing process of discovery, remediation and improvement, the State assures the health and welfare of participants by monitoring: (a) level of care determinations; (b) individual plans and services delivery; (c) provider qualifications; (d) participant health and welfare; (e) financial oversight and (f) administrative oversight of the waiver. The State further assures that all problems identified through its discovery processes are addressed in an appropriate and timely manner, consistent with the severity and nature of the problem. During the period that the waiver is in effect, the State will implement the Quality Improvement Strategy specified in **Appendix H**.
- I. Public Input. Describe how the State secures public input into the development of the waiver: The State of Maryland provided several mechanisms for public input into the development of the renewal application for the Autism Waiver. The Autism Waiver Advisory Committee has been instrumental in making recommendations for additional services and reviewing recommendations for changes to the Autism Waiver. The Autism Waiver Advisory Committee is composed of parents of children on the waiver, advocates for children with autism, service coordinators, providers, other stakeholders and State staff.

The Autism Waiver Advisory Committee meets three times a year. Initial recommendations were made to the State at the Fall meeting and a second meeting was held in January and input was received at both meetings. Additionally, the State held a Parent Focus Group meeting in December, 2008 to obtain specific input from families of children on the Autism Waiver. The Parent Focus Group was attended by about 15 parents, and several members of the OSA. Third, the State provided an opportunity for all service coordinators and Providers to contribute to the development of the renewal application for the Autism Waiver. At the semi-annual Service Coordinators and Provider Workshops, the renewal application was an agenda item and input from service coordinators and providers was sought at these workshops.

- **J. Notice to Tribal Governments**. The State assures that it has notified in writing all federally-recognized Tribal Governments that maintain a primary office and/or majority population within the State of the State's intent to submit a Medicaid waiver request or renewal request to CMS at least 60 days before the anticipated submission date is provided by Presidential Executive Order 13175 of November 6, 2000. Evidence of the applicable notice is available through the Medicaid Agency.
- K. Limited English Proficient Persons. The State assures that it provides meaningful access to waiver services by Limited English Proficient persons in accordance with: (a) Presidential Executive Order 13166 of August 11, 2000 (65 FR 50121) and (b) Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 August 8, 2003). Appendix B describes how the State assures meaningful access to waiver services by Limited English Proficient persons.

7. Contact Person(s)

Α.	The Medicaid agei	agency representative with whom CMS should communicate regarding the waiver is:		
	Last Name:	Wessely		
	First Name:	Jane		
	Title:	Chief, Division of Waiver Programs		
	Agency:	Department of Health and Mental Hygiene		
	Address:	201 West Preston Street		
	Address 2:			
	City:	Baltimore		
	State:	Maryland		
	Zip:	21201		
	Phone:	(410) 767-6765 Ext: TTY		
	Fax:	(410) 333-5213		
	E-mail:	wesselyj@dhmh.state.md.us		
B. If applicable, the State operating agency representative with whom CMS should communicate regarding the v				
	Last Name:	Cohen		
	First Name:	June		
	Title:			
	Agency:			
	Address:	200 W. Baltimore Street		
	Address 2:	9th floor		
	City:	Baltimore		

State:	Maryland		
Zip:	21201		
Phone:	(410) 767-0258	Ext: TTY	
Fax:	(410) 333-0298		
E-mail:	icohen@msde.state.md.us		

8. Authorizing Signature

This document, together with Appendices A through J, constitutes the State's request for a waiver under §1915(c) of the Social Security Act. The State assures that all materials referenced in this waiver application (including standards, licensure and certification requirements) are *readily* available in print or electronic form upon request to CMS through the Medicaid agency or, if applicable, from the operating agency specified in Appendix A. Any proposed changes to the waiver will be submitted by the Medicaid agency to CMS in the form of waiver amendments.

Upon approval by CMS, the waiver application serves as the State's authority to provide home and community-based waiver services to the specified target groups. The State attests that it will abide by all provisions of the approved waiver and will continuously operate the waiver in accordance with the assurances specified in Section 5 and the additional requirements specified in Section 6 of the request.

Signature:	Jane Wessely	
	State Medicaid Director or Designee	
Submission Date:	Apr 1, 2009	
Last Name:	Folkemer	
First Name:	John	
Title:	Deputy Secretary for Health Care Financing	
Agency:	Department of Health and Mental Hygiene	
Address:	201 W. Preston Street	
Address 2:		
City:	Baltimore	
State:	Maryland	
Zip:	21201	
Phone:	(410) 767-4139	
Fax:	(410) 333-7687	
E-mail:	folkemerj@dhmh.state.md.us	
Attachment #1	l: Transition Plan	
Specify the transitio	on plan for the waiver:	
Not Applicable		

Provide additional needed information for the waiver (optional):

Additional Needed Information (Optional)

Towson University, in collaboration with the Operating State Agency, recently completed a survey on the Quality of Life for Families on the Waiver and on the Autism Waiver Registry. The survey found that families on the Autism Waiver had a higher satisfaction with overall Quality of Life. Additionally, they identified several areas that had a major impact on families including; parental employment status, progress on children's social and independent living skills, as well as satisfaction with service coordination. A summary of results for the Maryland Autism Services Survey is available from either Towson University or the Maryland State Department of Education, and will be made available upon request from the Centers for Medicaid and Medicaid Services.

Appendix A: Waiver Administration and Operation

- 1. State Line of Authority for Waiver Operation. Specify the state line of authority for the operation of the waiver (*select one*):
 - The waiver is operated by the State Medicaid agency.

Specify the Medicaid agency division/unit that has line authority for the operation of the waiver program (select one):

The Medical Assistance Unit.

Specify the unit name:

(Do not complete item A-2)

• Another division/unit within the State Medicaid agency that is separate from the Medical Assistance Unit.

Specify the division/unit name. This includes administrations/divisions under the umbrella agency that has been identified as the Single State Medicaid Agency.

(Complete item A-2-a).

The waiver is operated by a separate agency of the State that is not a division/unit of the Medicaid agency.

Specify the division/unit name:

Maryland State Department of Education-Division of Special Education/Early Intervention Services-Health Related Resources Section

In accordance with 42 CFR §431.10, the Medicaid agency exercises administrative discretion in the administration and supervision of the waiver and issues policies, rules and regulations related to the waiver. The interagency agreement or memorandum of understanding that sets forth the authority and arrangements for this policy is available through the Medicaid agency to CMS upon request. (*Complete item A-2-b*).

Appendix A: Waiver Administration and Operation

2. Oversight of Performance.

a. Medicaid Director Oversight of Performance When the Waiver is Operated by another Division/Unit within the State Medicaid Agency. When the waiver is operated by another division/administration within the umbrella agency designated as the Single State Medicaid Agency. Specify (a) the functions performed by that division/administration (i.e., the Developmental Disabilities Administration within the Single State Medicaid Agency), (b) the document utilized to outline the roles and responsibilities related to waiver operation, and (c) the methods that are employed by the designated State Medicaid Director (in some instances, the head of umbrella agency) in the oversight of these

As indicated in section 1 of this appendix, the waiver is not operated by another division/unit within the State Medicaid agency. Thus this section does not need to be completed.

b. Medicaid Agency Oversight of Operating Agency Performance. When the waiver is not operated by the Medicaid agency, specify the functions that are expressly delegated through a memorandum of understanding (MOU) or other written document, and indicate the frequency of review and update for that document. Specify the methods that the Medicaid agency uses to ensure that the operating agency performs its assigned waiver operational and administrative functions in accordance with waiver requirements. Also specify the frequency of Medicaid agency assessment of operating agency performance:

OHS-DWP is responsible for monitoring MSDE through:

1) Maintaining a Memorandum of Understanding regarding each administration's roles and responsibilities 2) Quarterly summary/analysis of Reportable Events submitted to OHS by MSDE 3) Participation by MSDE in State's Waiver Quality Council; 4) Monthly inter-agency meetings to discuss waiver policy, issues, and performance measure data to identify need for quality improvement 5) Review of all provider monitoring reports by DHMH This assessment occurs on an on-going basis.

The MOU delegates the following functions to the OSA:

- 1. OSA will provide the 50% match funds and makes quarterly reimbursable fund revenue transfers to the SMA.
- 2. OSA will be single point of entry for Autism Waiver services.
- 3.OSA will determine medical and technical eligibility.
- 4. OSA tracks and reviews plans of care. OSA and the local school system or local lead agency review the plan of care annually or more frequently as needed.

OSA will approve or deny all waiver plans of care.

- 5. OSA through the local school system or local lead agency will re-evaluate a participant's technical and medical eligibility every 12 months.
- 6. OSA will participate and assist SMA in provider and participant appeal process
- 7. OSA will conduct on site reviews, with the SMA's assistance, of a sample of service coordination providers annually.
- 8. OSA will review the credentials and qualifications of waiver provider applicants and recommend Medicaid enrollment or denial to the SMA.
- 9. OSA will provide on-going training to service coordinators and waiver providers with assistance from the SMA.
- 10. OSA will conduct on-site monitoring of waiver providers, with participation from SMA as necessary.

The MOU is reviewed and updated as part of the 5 year renewal process or more frequently if required by significant shifts in responsibilities.

Appendix A: Waiver Administration and Operation

- **3. Use of Contracted Entities.** Specify whether contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable) (*select one*):
 - Yes. Contracted entities perform waiver operational and administrative functions on behalf of the Medicaid agency and/or operating agency (if applicable).

 Specify the types of contracted entities and briefly describe the functions that they perform. *Complete Items A-5 and A-6.*:
 - No. Contracted entities do not perform waiver operational and administrative functions on behalf of the Medicaid agency and/or the operating agency (if applicable).

Appendix A: Waiver Administration and Operation

	Not	applicable
	App	plicable - Local/regional non-state agencies perform waiver operational and administrative functions.
		Local/Regional non-state public agencies perform waiver operational and administrative functions at the local or
		regional level. There is an interagency agreement or memorandum of understanding between the State and these agencies that sets forth responsibilities and performance requirements for these agencies that is available through the Medicaid agency.
		Specify the nature of these agencies and complete items A-5 and A-6:
		Local/Regional non-governmental non-state entities conduct waiver operational and administrative functions at
		the local or regional level. There is a contract between the Medicaid agency and/or the operating agency (when authorized by the Medicaid agency) and each local/regional non-state entity that sets forth the responsibilities and performance requirements of the local/regional entity. The contract(s) under which private entities conduct waiver operational functions are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
		Specify the nature of these entities and complete items A-5 and A-6:
Appen	ndix A	: Waiver Administration and Operation
a	gency o	ibility for Assessment of Performance of Contracted and/or Local/Regional Non-State Entities. Specify the state or agencies responsible for assessing the performance of contracted and/or local/regional non-state entities in ng waiver operational and administrative functions:
Appen	idix A	: Waiver Administration and Operation
10	ocal/reg	ent Methods and Frequency. Describe the methods that are used to assess the performance of contracted and/or ional non-state entities to ensure that they perform assigned waiver operational and administrative functions in ice with waiver requirements. Also specify how frequently the performance of contracted and/or local/regional nonties is assessed:
SI	ndix A	: Waiver Administration and Operation
SI	ndix A	: Waiver Administration and Operation

performance of the function and establishes and/or approves policies that affect the function. All functions not performed directly by the Medicaid agency must be delegated in writing and monitored by the Medicaid Agency. Note: More than one box may be checked per item. Ensure that Medicaid is checked when the Single State Medicaid Agency (1) conducts the function directly; (2) supervises the delegated function; and/or (3) establishes and/or approves policies related to the function.

Function	Medicaid Agency	Other State Operating Agency
Participant waiver enrollment	▽	
Waiver enrollment managed against approved limits	<u> </u>	▽
Waiver expenditures managed against approved levels	<u> </u>	▽
Level of care evaluation		▽
Review of Participant service plans	<u> </u>	▽
Prior authorization of waiver services		▽
Utilization management	<u> </u>	▽
Qualified provider enrollment	<u> </u>	▽
Execution of Medicaid provider agreements	<u> </u>	▽
Establishment of a statewide rate methodology	<u> </u>	▽
Rules, policies, procedures and information development governing the waiver program	<u> </u>	<u> </u>
Quality assurance and quality improvement activities	<u> </u>	▽

Appendix A: Waiver Administration and Operation

Quality Improvement: Administrative Authority of the Single State Medicaid Agency

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Administrative Authority

The Medicaid Agency retains ultimate administrative authority and responsibility for the operation of the waiver program by exercising oversight of the performance of waiver functions by other state and local/regional non-state agencies (if appropriate) and contracted entities.

i. Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

The percentage of monthly inter-agency meetings held over a fiscal year. numerator: # of monthly meetings held denominator: 12 months

Data Source (Select one):

Meeting minutes

If 'Other' is selected, specify:

Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):
▼ State Medicaid Agency	™ Weekly	№ 100% Review
Operating Agency	✓ Monthly	Less than 100%

		Review
Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Specify:	

Data Aggregation and Analysis:

Data Aggregation and Analysis:		
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
▼ State Medicaid Agency	™ Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	☐ Quarterly	
Other Specify:	☐ Annually	
	Continuously and Ongoing	
	Other Specify:	

Performance Measure:

Percentage of provider monitoring reports reviewed annually by OHS-DWP numerator: number of reports reviewed denominator: number of reports issued

Data Source (Select one):

Provider performance monitoring

If 'Other' is selected, specify:

Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):
V State Medicaid Agency	™ Weekly	№ 100% Review
☐ Operating Agency	Monthly	☐ Less than 100% Review

Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
▼ State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	☐ Continuously and Ongoing
	Other Specify:

Performance Measure:

OHS and MSDE will revise and update its Memorandum of Understanding. OHS and MSDE will abide by the agreement.

Data Source (Select one):

Other

If 'Other' is selected, specify:

MOU will be reviewed anually for compliance by both agencies and to identify needed updates

as appropriate

Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	№ 100% Review
☐ Operating Agency	 Monthly	☐ Less than 100% Review

□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
☐ Other	✓ Annually	□ Stratified
Specify:		Describe Group:
	Continuously and	☐ Other
	Ongoing	Specify:
	Other	
	Specify:	

Data Aggregation and Analysis:			
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):		
▽ State Medicaid Agency	™ Weekly		
☐ Operating Agency	■ Monthly		
☐ Sub-State Entity	☐ Quarterly		
Other Specify:	✓ Annually		
	Continuously and Ongoing		
	Other Specify:		

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.

The status of provider monitoring is reviewed monthly at the inter-agency meetings. If there is a back-log in completion of the reports, actions taken as a result of the monitoring, etc. the SMA and OSA prioritize tasks and review the scheduling of monitoring. The SMA will make recommendations to the OSA regarding communicating with provider, corrective action plans, etc.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Frequency of data aggregation and analysis (check each that applies):

▼ State Medicaid Agency	™ Weekly
Operating Agency	Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	☐ Annually
	▽ Continuously and Ongoing
	Other Specify:

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Financial Accountability that are currently non-operational.

No

Yes

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix B: Participant Access and Eligibility

B-1: Specification of the Waiver Target Group(s)

a. Target Group(s). Under the waiver of Section 1902(a)(10)(B) of the Act, the State limits waiver services to a group or subgroups of individuals. Please see the instruction manual for specifics regarding age limits. *In accordance with 42 CFR §441.301(b)(6)*, select one waiver target group, check each of the subgroups in the selected target group that may receive services under the waiver, and specify the minimum and maximum (if any) age of individuals served in each subgroup:

				Maxim	um Age
Target Group	Included	Target SubGroup	Minimum Age	Maximum Age Limit	No Maximum Age Limit
C Aged or Disab	led, or Both - Gene	ral			
		Aged			
		Disabled (Physical)			
		Disabled (Other)			
C Aged or Disab	led, or Both - Spec	ific Recognized Subgroups			
		Brain Injury			
		HIV/AIDS			
		Medically Fragile			
		Technology Dependent			
Mental Retardation or Developmental Disability, or Both					
	<u> </u>	Autism	1	21	
		Developmental Disability			

		Mental Retardation		
Mental Illness				
		Mental Illness		
	П	Serious Emotional Disturbance		

b. Additional Criteria. The State further specifies its target group(s) as follows:

Autism Waiver participants must meet the following targeting criteria:

- o Age: 1 year old through the end of the school year that the individual turns 21 years old;
- o Diagnosis: Autism Spectrum Disorder (DSM IV-TR 299.00 or 299.80);
- o Is in a public, non-public, or State-operated/State-supported special education setting or is receiving early intervention services;
- o Has an Individualized Family Service Plan (IFSP) or Individualized Education Program (IEP);
- o If the child has an IEP, the child receives more than 12 hours per week of special education and related services and requires a more intensive therapeutic program than other students or is participating in an approved Home and Hospital Program;
- o Identified through the public education or early intervention system as being potentially qualified for and needing autism waiver services;
- o Individual can be safely maintained in the community with autism waiver services;
- o Not enrolled in another Medicaid 1915(c) Home and Community-Based Services (HCBS) waiver (COMAR 10:09:26);
- o Chooses autism waiver services as an alternative to services in an intermediate care facility for the mentally retarded or persons with related conditions (ICF-MR) services; and
- o The child receives at least one waiver service each calendar month.
- **c. Transition of Individuals Affected by Maximum Age Limitation.** When there is a maximum age limit that applies to individuals who may be served in the waiver, describe the transition planning procedures that are undertaken on behalf of participants affected by the age limit (*select one*):
 - Not applicable. There is no maximum age limit
 - The following transition planning procedures are employed for participants who will reach the waiver's maximum age limit.

Specify:

Before ageing out of the autism waiver the year the child turns 21, Maryland's Developmental Disabilities Administration (DDA) will provide outreach and information to families and participants. The purpose is to prepare them to make informed choices about services and supports for which they may be entitled that meet their needs, including supported employment and day habilitation services.

Before a child ages out of the autism waiver, DDA will facilitate eligibility procedures for (DDA) services within applicable regulations.

(As part of the Autism Waiver renewal request, Maryland is adding a new waiver service, Long Term Planning, to provide children leaving the Autism Waiver with technical assistance and support to apply for local, state, and federal services.)

Appendix B: Participant Access and Eligibility

B-2: Individual Cost Limit (1 of 2)

- **a. Individual Cost Limit.** The following individual cost limit applies when determining whether to deny home and community-based services or entrance to the waiver to an otherwise eligible individual (*select one*) Please note that a State may have only ONE individual cost limit for the purposes of determining eligibility for the waiver:
 - No Cost Limit. The State does not apply an individual cost limit. Do not complete Item B-2-b or item B-2-c.
 - Cost Limit in Excess of Institutional Costs. The State refuses entrance to the waiver to any otherwise eligible individual when the State reasonably expects that the cost of the home and community-based services furnished to that individual would exceed the cost of a level of care specified for the waiver up to an amount specified by the State. *Complete Items B-2-b and B-2-c*.

The limit specified by the State is (select one) • A level higher than 100% of the institutional average. Specify the percentage: Other Specify: ■ Institutional Cost Limit. Pursuant to 42 CFR 441.301(a)(3), the State refuses entrance to the waiver to any otherwise eligible individual when the State reasonably expects that the cost of the home and community-based services furnished to that individual would exceed 100% of the cost of the level of care specified for the waiver. Complete Items B-2-b and B-2-c.Cost Limit Lower Than Institutional Costs. The State refuses entrance to the waiver to any otherwise qualified individual when the State reasonably expects that the cost of home and community-based services furnished to that individual would exceed the following amount specified by the State that is less than the cost of a level of care specified for the waiver. Specify the basis of the limit, including evidence that the limit is sufficient to assure the health and welfare of waiver participants. Complete Items B-2-b and B-2-c. The cost limit specified by the State is (select one): The following dollar amount: Specify dollar amount: The dollar amount (select one) Is adjusted each year that the waiver is in effect by applying the following formula:

Specify the formula:

		May be adjusted during the period the waiver is in effect. The State will submit a waiver amendmen
		to CMS to adjust the dollar amount.
		The following percentage that is less than 100% of the institutional average:
		Specify percent:
		C Other:
		Specify:
Appe	endix	x B: Participant Access and Eligibility
		B-2: Individual Cost Limit (2 of 2)
Answe	rs pr	ovided in Appendix B-2-a indicate that you do not need to complete this section.
	Î	•
b.	the p	nod of Implementation of the Individual Cost Limit. When an individual cost limit is specified in Item B-2-a, specify rocedures that are followed to determine in advance of waiver entrance that the individual's health and welfare can be red within the cost limit:
c.	partic excee to av	icipant Safeguards. When the State specifies an individual cost limit in Item B-2-a and there is a change in the cipant's condition or circumstances post-entrance to the waiver that requires the provision of services in an amount that eds the cost limit in order to assure the participant's health and welfare, the State has established the following safeguards oid an adverse impact on the participant (check each that applies): The participant is referred to another waiver that can accommodate the individual's needs.
		Additional services in excess of the individual cost limit may be authorized.
		Specify the procedures for authorizing additional services, including the amount that may be authorized:
		Other safeguard(s)
		Specify:
Appe	endix	x B: Participant Access and Eligibility

B-3: Number of Individuals Served (1 of 4)

a. Unduplicated Number of Participants. The following table specifies the maximum number of unduplicated participants who are served in each year that the waiver is in effect. The State will submit a waiver amendment to CMS to modify the number of participants specified for any year(s), including when a modification is necessary due to legislative appropriation or another reason. The number of unduplicated participants specified in this table is basis for the cost-neutrality calculations in Appendix J:

Table: B-3-a

Waiver Year	Unduplicated Number of Participants
Year 1	1000
Year 2	1100
Year 3	1200
Year 4 (renewal only)	1300
Year 5 (renewal only)	1400

- **b.** Limitation on the Number of Participants Served at Any Point in Time. Consistent with the unduplicated number of participants specified in Item B-3-a, the State may limit to a lesser number the number of participants who will be served at any point in time during a waiver year. Indicate whether the State limits the number of participants in this way: (*select one*):
 - The State does not limit the number of participants that it serves at any point in time during a waiver year.
 - The State limits the number of participants that it serves at any point in time during a waiver year.

The limit that applies to each year of the waiver period is specified in the following table:

Table: B-3-b

14bic. b-5-b			
Waiver Year	Maximum Number of Participants Served At Any Point During the Year		
Year 1	1000		
Year 2	1100		
Year 3	1200		
Year 4 (renewal only)	1300		
Year 5 (renewal only)	1400		

Appendix B: Participant Access and Eligibility

B-3: Number of Individuals Served (2 of 4)

- **c. Reserved Waiver Capacity.** The State may reserve a portion of the participant capacity of the waiver for specified purposes (e.g., provide for the community transition of institutionalized persons or furnish waiver services to individuals experiencing a crisis) subject to CMS review and approval. The State (*select one*):
 - Not applicable. The state does not reserve capacity.
 - The State reserves capacity for the following purpose(s).

Appendix B: Participant Access and Eligibility

B-3: Number of Individuals Served (3 of 4)

- **d. Scheduled Phase-In or Phase-Out.** Within a waiver year, the State may make the number of participants who are served subject to a phase-in or phase-out schedule (*select one*):
 - The waiver is not subject to a phase-in or a phase-out schedule.
 - The waiver is subject to a phase-in or phase-out schedule that is included in Attachment #1 to Appendix B-3. This schedule constitutes an intra-year limitation on the number of participants who are served in the waiver.
- e. Allocation of Waiver Capacity.

Select one:

- © Waiver capacity is allocated/managed on a statewide basis.
- Waiver capacity is allocated to local/regional non-state entities.

Specify: (a) the entities to which waiver capacity is allocated; (b) the methodology that is used to allocate capacity and how often the methodology is reevaluated; and, (c) policies for the reallocation of unused capacity among local/regional non-state entities:

f. Selection of Entrants to the Waiver. Specify the policies that apply to the selection of individuals for entrance to the waiver:

The individuals selected for participation in the Autism Waiver must meet the qualifying Level of Care, technical eligibility and financial eligibility. The individuals are evaluated when a waiver opening occurs, on a first come, first serve basis. The statewide Autism Waiver Registry identifies the date and time the individual indicated interest in applying to the Autism Waiver. The individuals that indicated an interest in the Autism Waiver are evaluated for medical, technical and financial eligibility and are offered a waiver slot if waiver eligibility is met and their health and safety needs can be met with waiver services. Individuals that do not meet eligibility requirements are offered appeal rights.

Appendix B: Participant Access and Eligibility

B-3: Number of Individuals Served - Attachment #1 (4 of 4)

Answers provided in Appendix B-3-d indicate that you do not need to complete this section.

Appendix B: Participant Access and Eligibility

B-4: Eligibility Groups Served in the Waiver

a.

- **1. State Classification.** The State is a (*select one*):
 - §1634 State
 - SSI Criteria State
 - **209(b) State**
- 2. Miller Trust State.

Indicate whether the State is a Miller Trust State (select one):

- No
- Yes
- **b. Medicaid Eligibility Groups Served in the Waiver.** Individuals who receive services under this waiver are eligible under the following eligibility groups contained in the State plan. The State applies all applicable federal financial participation limits under the plan. *Check all that apply*:

Eligibility Groups Served in the Waiver (excluding the special home and community-based waiver group under 42 CFR §435.217)

- Low income families with children as provided in §1931 of the Act
- **▼** SSI recipients
- Aged, blind or disabled in 209(b) states who are eligible under 42 CFR §435.121
- **☐** Optional State supplement recipients
- Optional categorically needy aged and/or disabled individuals who have income at:

Select one:

- **○** 100% of the Federal poverty level (FPL)
- % of FPL, which is lower than 100% of FPL.

Specify percentage:	

- Working individuals with disabilities who buy into Medicaid (BBA working disabled group as provided in §1902 (a)(10)(A)(ii)(XIII)) of the Act)
- Working individuals with disabilities who buy into Medicaid (TWWIIA Basic Coverage Group as provided in §1902(a)(10)(A)(ii)(XV) of the Act)
- Working individuals with disabilities who buy into Medicaid (TWWIIA Medical Improvement Coverage Group as provided in §1902(a)(10)(A)(ii)(XVI) of the Act)
- ☐ Disabled individuals age 18 or younger who would require an institutional level of care (TEFRA 134 eligibility group as provided in §1902(e)(3) of the Act)
- Medically needy in 209(b) States (42 CFR §435.330)
- Medically needy in 1634 States and SSI Criteria States (42 CFR §435.320, §435.322 and §435.324)
- Other specified groups (include only statutory/regulatory reference to reflect the additional groups in the State plan that may receive services under this waiver)

Specify:

Children for whom adoption assistance or foster care maintenance payments are made under title IV-E (§42 CFR 435.145).

Individuals under age 21 who are under State adoption assistance agreements other than title IV-E.(§42 CFR 435.227).

Section 1931 Families terminated from AFDC TCA because of increased earnings or hours of employment (42 CFR §435.112)

Section 1931 Individuals who lose TCA due to child or spousal support (1902(a)(10)(A)(i)(I)406(h).

Individuals who meet the income and resource requirements of the cash assistance programs up to 116% of FPL(42 CFR §435.210).

Children at least 1 year old and under 6 years of age with family incomes at or below 133% FPL (1902(a)(10)(A)(i)(VI) and 1902(1)(1)(D).

Children older than 6 years and younger than 19 years of age with family incomes at or below 100% FPL (1902(a)(10) (A)(i)(VII) and 1902(1)(1)(D).

Individuals who become ineligible for cash assistance as a result of OASDI cost of living increases after 1977 (42 CFR §435.135).

Section 5103 OBR Act- Widows and Widowers who lost SSI eligibility because of a change in the federal disability definition.

Special home and community-based waiver group under 42 CFR §435.217) Note: When the special home and community-based waiver group under 42 CFR §435.217 is included, Appendix B-5 must be completed

- No. The State does not furnish waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217. Appendix B-5 is not submitted.
- Yes. The State furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217.

Select one and complete Appendix B-5.

Check each that applies:
✓ A special income level equal to:
Select one:
300% of the SSI Federal Benefit Rate (FBR)
A percentage of FBR, which is lower than 300% (42 CFR §435.236)
Specify percentage:
A dollar amount which is lower than 300%.
Specify dollar amount: Aged, blind and disabled individuals who meet requirements that are more restrictive than the SSI
program (42 CFR §435.121)
Medically needy without spenddown in States which also provide Medicaid to recipients of SSI (42 CFR \$435.320, \$435.322 and \$435.324)
Medically needy without spend down in 209(b) States (42 CFR §435.330)
Aged and disabled individuals who have income at:
Select one:
© 100% of FPL
% of FPL, which is lower than 100%.
Specify percentage amount: Other specified groups (include only statutory/regulatory reference to reflect the additional groups in the
State plan that may receive services under this waiver)
Specify:

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (1 of 4)

In accordance with 42 CFR §441.303(e), Appendix B-5 must be completed when the State furnishes waiver services to individuals in the special home and community-based waiver group under 42 CFR §435.217, as indicated in Appendix B-4. Post-eligibility applies only to the 42 CFR §435.217 group. A State that uses spousal impoverishment rules under §1924 of the Act to determine the eligibility of individuals with a community spouse may elect to use spousal post-eligibility rules under §1924 of the Act to protect a personal needs allowance for a participant with a community spouse.

a. Use of Spousal Impoverishment Rules. Indicate whether spousal impoverishment rules are used to determine eligibility for the special home and community-based waiver group under 42 CFR \$435.217 (select one):

Spousal impoverishment rules under §1924 of the Act are used to determine the eligibility of individuals with a community spouse for the special home and community-based waiver group.

In the case of a participant with a community spouse, the State elects to (select one):

- Use spousal post-eligibility rules under §1924 of the Act. (Complete Item B-5-b (SSI State) and Item B-5-d)
- Use regular post-eligibility rules under 42 CFR §435.726 (SSI State) or under §435.735 (209b State) (Complete Item B-5-b (SSI State) . Do not complete Item B-5-d)
- © Spousal impoverishment rules under §1924 of the Act are not used to determine eligibility of individuals with a community spouse for the special home and community-based waiver group. The State uses regular post-eligibility rules for individuals with a community spouse.

(Complete Item B-5-b (SSI State) . Do not complete Item B-5-d)

Appendix B: Participant Access and Eligibility

i.

B-5: Post-Eligibility Treatment of Income (2 of 4)

b. Regular Post-Eligibility Treatment of Income: SSI State.

The State uses the post-eligibility rules at 42 CFR 435.726. Payment for home and community-based waiver services is reduced by the amount remaining after deducting the following allowances and expenses from the waiver participant's income:

van	ce for the needs of the waiver participant (select one):
The	following standard included under the State plan
Sele	ct one:
0	SSI standard
0	Optional State supplement standard
0	Medically needy income standard
6	The special income level for institutionalized persons
	(select one):
	300% of the SSI Federal Benefit Rate (FBR)
	A percentage of the FBR, which is less than 300%
	Specify the percentage:
	A dollar amount which is less than 300%.
	Specify dollar amount:
0	A percentage of the Federal poverty level
	Specify percentage:
	Other standard included under the State Plan

Specify:

	0	The following dollar amount
	0	Specify dollar amount: If this amount changes, this item will be revised. The following formula is used to determine the needs allowance:
		Specify:
	0	Other
		Specify:
ii.	Allo	wance for the spouse only (select one):
11.	Allo	wante for the spouse only (select one).
	0	Not Applicable (see instructions)
		SSI standard
	0	Optional State supplement standard
		Medically needy income standard
	0	The following dollar amount:
		Specify dollar amount: If this amount changes, this item will be revised.
	0	The amount is determined using the following formula:
		Specify:
iii.	Allo	wance for the family (select one):
	6	Not Applicable (see instructions)
	0	AFDC need standard
	0	Medically needy income standard
	0	The following dollar amount:
		Specify dollar amount: The amount specified cannot exceed the higher of the need standard for a family of the same size used to determine eligibility under the State's approved AFDC plan or the medically needy income standard established under 42 CFR §435.811 for a family of the same size. If this amount changes, this item will be revised.
		The amount is determined using the following formula:
		Specify:
	0	Other
		Specify:

iv. Amounts for incurred medical or remedial care expenses not subject to payment by a third party, specified in 42 §CFR 435.726:

- a. Health insurance premiums, deductibles and co-insurance charges
- b. Necessary medical or remedial care expenses recognized under State law but not covered under the State's Medicaid plan, subject to reasonable limits that the State may establish on the amounts of these expenses.

Select one:

- Not Applicable (see instructions) Note: If the State protects the maximum amount for the waiver participant, not applicable must be selected.
- The State does not establish reasonable limits.
- The State establishes the following reasonable limits

Specify:

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (3 of 4)

c. Regular Post-Eligibility Treatment of Income: 209(B) State.

Answers provided in Appendix B-4 indicate that you do not need to complete this section and therefore this section is not visible.

Appendix B: Participant Access and Eligibility

B-5: Post-Eligibility Treatment of Income (4 of 4)

d. Post-Eligibility Treatment of Income Using Spousal Impoverishment Rules

The State uses the post-eligibility rules of §1924(d) of the Act (spousal impoverishment protection) to determine the contribution of a participant with a community spouse toward the cost of home and community-based care if it determines the individual's eligibility under §1924 of the Act. There is deducted from the participant's monthly income a personal needs allowance (as specified below), a community spouse's allowance and a family allowance as specified in the State Medicaid Plan.. The State must also protect amounts for incurred expenses for medical or remedial care (as specified below).

Answers provided in Appendix B-5-a indicate that you do not need to complete this section and therefore this section is not visible.

Appendix B: Participant Access and Eligibility

B-6: Evaluation/Reevaluation of Level of Care

As specified in 42 CFR §441.302(c), the State provides for an evaluation (and periodic reevaluations) of the need for the level(s) of care specified for this waiver, when there is a reasonable indication that an individual may need such services in the near future (one month or less), but for the availability of home and community-based waiver services.

a. Reasonable Indication of Need for Services. In order for an individual to be determined to need waiver services, an

individual must require: (a) the provision of at least one waiver service, as documented in the service plan, <u>and</u> (b) the provision of waiver services at least monthly or, if the need for services is less than monthly, the participant requires regular monthly monitoring which must be documented in the service plan. Specify the State's policies concerning the reasonable indication of the need for services:

	Minimum	number	Λŧ	COPVICAC
1.	1711111111111111	Hullinel	UΙ	SCI VICES.

		The minimum number of waiver services (one or more) that an individual must require in order to be determined to
		need waiver services is: 1
	ii	. Frequency of services. The State requires (select one):
		The provision of waiver services at least monthly
		Monthly monitoring of the individual when services are furnished on a less than monthly basis
		If the State also requires a minimum frequency for the provision of waiver services other than monthly (e.g., quarterly), specify the frequency:
b.	_	consibility for Performing Evaluations and Reevaluations. Level of care evaluations and reevaluations are performed <i>ict one</i>):
	0	Directly by the Medicaid agency
	0	By the operating agency specified in Appendix A
	0	By an entity under contract with the Medicaid agency.
		Specify the entity:
	6	Other

Local school systems under guidance of OSA.

Specify:

c. Qualifications of Individuals Performing Initial Evaluation: Per 42 CFR §441.303(c)(1), specify the educational/professional qualifications of individuals who perform the initial evaluation of level of care for waiver applicants:

Maryland Licensed Psychologist or Certified School Psychologist who are employed by the local school system with input from the family and other professionals.

d. Level of Care Criteria. Fully specify the level of care criteria that are used to evaluate and reevaluate whether an individual needs services through the waiver and that serve as the basis of the State's level of care instrument/tool. Specify the level of care instrument/tool that is employed. State laws, regulations, and policies concerning level of care criteria and the level of care instrument/tool are available to CMS upon request through the Medicaid agency or the operating agency (if applicable), including the instrument/tool utilized.

Autism Waiver Service Coordinators are responsible for coordinating the medical eligibility determination during the child's initial and annual redetermination waiver application process. The Level of Care is determined through use of the Autism Waiver evaluation instrument which determines whether the child qualifies for an Intermediate Care Facility for the Mentally Retarded. The Level of Care instrument has three domains that are scored according to the child's need for support and intervention:

a)Basic Activities of Daily Living includes the child's need for assistance in personal care such as bathing, toileting, and eating and is scored according to the child's need for support.

b)Functional Activities of Daily Living identifies the child's need for support in their environment such as understanding danger, ability to communicate, willingness to accept change, and gross motor skills.

c)The Maladaptive Behavior component identifies the child's need for intervention with such behaviors as fecal smearing, property destruction, elopement, and sleep problems.

The Autism Waiver's Level of Care was reviewed and approved by the Centers for Medicare and Medicaid Services eight year's ago. DHMH, MSDE, and licensed psychologists and certified school psychologists meet as needed to train new staff, provide interpretive support, and review applications of the instrument.

- **e.** Level of Care Instrument(s). Per 42 CFR §441.303(c)(2), indicate whether the instrument/tool used to evaluate level of care for the waiver differs from the instrument/tool used to evaluate institutional level of care (*select one*):
 - The same instrument is used in determining the level of care for the waiver and for institutional care under the State Plan.
 - A different instrument is used to determine the level of care for the waiver than for institutional care under the State plan.

Describe how and why this instrument differs from the form used to evaluate institutional level of care and explain how the outcome of the determination is reliable, valid, and fully comparable.

f. Process for Level of Care Evaluation/Reevaluation: Per 42 CFR §441.303(c)(1), describe the process for evaluating waiver applicants for their need for the level of care under the waiver. If the reevaluation process differs from the evaluation process, describe the differences:

The process for completing the initial and annual reevaluation of the level of care is the same. Both are completed by a licensed psychologist or certified school psychologist employed by the local school system. Each level of care determination is submitted to MSDE and reviewed to verify that the instrument has been applied appropriately. The review process includes a check list, review, and approval by MSDE staff. Level of care documents that are submitted to the OSA with errors are rejected and returned to the Autism Waiver Contact and/or Service Coordinator identifying the area(s) that need to be corrected or completed.

- **g. Reevaluation Schedule.** Per 42 CFR §441.303(c)(4), reevaluations of the level of care required by a participant are conducted no less frequently than annually according to the following schedule (*select one*):
 - **Every three months**
 - Every six months
 - Every twelve months
 - Other schedule

Specify the other schedule:

- **h. Qualifications of Individuals Who Perform Reevaluations.** Specify the qualifications of individuals who perform reevaluations (*select one*):
 - The qualifications of individuals who perform reevaluations are the same as individuals who perform initial evaluations.
 - The qualifications are different.

Specify the qualifications:

i. Procedures to Ensure Timely Reevaluations. Per 42 CFR §441.303(c)(4), specify the procedures that the State employs to ensure timely reevaluations of level of care *(specify)*:

The Maryland State Department of Education (MSDE), the Operating State Agency (OSA) for the Autism Waiver program, maintains an Access database that includes the initial and annual recertification date that the last level of care determination was completed for each child. A report from that database is reviewed by OSA staff on a monthly basis to ensure that level of care documents have been received and that participants are reevaluated at least annually. MSDE generates the Access report by jurisdiction on a monthly basis, which includes each waiver child as well as the most recent level of care determination date. The data is reviewed and late level of care determinations are identified.

MSDE subsequently notifies the Autism Waiver Contact from the local school system (LSS) and the appropriate Service Coordinator in writing of past due level of care determinations for the month. In an effort to increase compliance, staff from MSDE and the Department of Health and Mental Hygiene (DHMH) provide ongoing technical assistance to jurisdictions. Statewide compliance with the annual timeline for level of care recertifications is 97%. MSDE will continue to provide monthly notification to all Autism Waiver Contacts and Service Coordinators.

j. Maintenance of Evaluation/Reevaluation Records. Per 42 CFR §441.303(c)(3), the State assures that written and/or electronically retrievable documentation of all evaluations and reevaluations are maintained for a minimum period of 3 years

as required in 45 CFR §92.42. Specify the location(s) where records of evaluations and reevaluations of level of care are maintained:

Operating State Agency and Service Coordination Agency

Appendix B: Evaluation/Reevaluation of Level of Care

Quality Improvement: Level of Care

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

- a. Methods for Discovery: Level of Care Assurance/Sub-assurances
 - i. Sub-Assurances:
 - a. Sub-assurance: An evaluation for LOC is provided to all applicants for whom there is reasonable indication that services may be needed in the future.

Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

Maryland conducts evaluations for medical eligibility for children who are waiting for an opportunity to apply to the Autism Waiver when a vacancy occurs.

Data Source (Select one):

Record reviews, on-site

If 'Other' is selected, specify:

DHMH is responsible for maintaining a Registry of children waiting to apply. When a vacancy occurs, the Operating State Agency notifies DHMH to notify the next applicant

(s) on the Registry. Responsible Party for data collection/generation

(check each that applies):

▼ State Medicaid

Frequency of data collection/generation (check each that applies):

Weekly

Sampling Approach(check each that applies):

№ 100% Review

Agency ☐ Less than 100% Operating Agency ■ Monthly **■** Sub-State Entity Quarterly

Review **■** Representative

Sample Confidence Interval =

 ☐ Other **■ Annually** Specify:

■ Stratified Describe Group:

Continuously and	☐ Other
Ongoing	Specify:
Other	
Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
☐ State Medicaid Agency	☐ Weekly	
Operating Agency	Monthly	
Sub-State Entity	☐ Quarterly	
Other Specify:	☐ Annually	
	Continuously and Ongoing	
	Other Specify:	

b. Sub-assurance: The levels of care of enrolled participants are reevaluated at least annually or as specified in the approved waiver.

Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

Each child is re-evaluated to determine if they continue to meet the medical eligibility criteria for the waiver at least annually. Numerator: # of children re-evaluated annually Denominator: # of requiring annual re-evaluations

Data Source (Select one): **Record reviews, off-site**

If 'Other' is selected, specify:

data collection/generation	Sampling Approach(check each that applies):

State Medicaid Agency	☐ Weekly	№ 100% Review
▽ Operating Agency	Monthly	☐ Less than 100% Review
Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Specify:	

Data Aggregation and Analysis: Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
State Medicaid Agency	□ Weekly	
Operating Agency	Monthly	
Sub-State Entity	☐ Quarterly	
Other Specify:	☐ Annually	
	Continuously and Ongoing	
	Other Specify:	

c. Sub-assurance: The processes and instruments described in the approved waiver are applied appropriately and according to the approved description to determine participant level of care.

Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

Maryland completes a review of the Autism Waiver medical eligibility determination instrument.

Data Source (Select one):

Other

If 'Other' is selected, specify:

Autism Waiver medical eligibility determination instrument

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	☐ Weekly	№ 100% Review
Operating Agency	 ■ Monthly	Less than 100% Review
■ Sub-State Entity	☐ Quarterly	Sample Confidence Interval =
Other Specify:	✓ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Specify:	

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
☐ State Medicaid Agency	☐ Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	☐ Quarterly	
Other Specify:	✓ Annually	
	Continuously and Ongoing	
	Other Specify:	

1	

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.

As part of the initial and annual recertification process, some children are found to no longer meet the medical eligibility criteria as determined by the Level of Care instrument approved by the Centers for Medicare and Medicaid Services (CMS). Autism Waiver children and their families are provided written notice of the ineligibility determination and information regarding appeal rights is included. Unless a timely appeal is filed, the waiver recipient is disenrolled from the program by DHMH. MSDE collects aggregate data on waiver disenrollments due to loss of eligibility. If indicated, the Level of Care instrument is re-administered with additional input from family and other professionals.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
State Medicaid Agency	™ Weekly
▽ Operating Agency	Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	Annually
	▽ Continuously and Ongoing
	Other Specify:

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Financial Accountability that are currently non-operational.

No

Yes

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix B: Participant Access and Eligibility

B-7: Freedom of Choice

Freedom of Choice. As provided in 42 CFR §441.302(d), when an individual is determined to be likely to require a level of care for this waiver, the individual or his or her legal representative is:

i. informed of any feasible alternatives under the waiver; and

- ii. given the choice of either institutional or home and community-based services.
- **a. Procedures.** Specify the State's procedures for informing eligible individuals (or their legal representatives) of the feasible alternatives available under the waiver and allowing these individuals to choose either institutional or waiver services. Identify the form(s) that are employed to document freedom of choice. The form or forms are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
 - i) Children who apply to the Autism Waiver are advised of all waiver services during the initial and annual recertification process.
 - ii) Children who meet all eligibility criteria are afforded the freedom to choose between receiving services in an ICF-MR or through the Autism Waiver program. Children are also offered this choice as part of the annual waiver recertification process.
- **b. Maintenance of Forms.** Per 45 CFR §92.42, written copies or electronically retrievable facsimiles of Freedom of Choice forms are maintained for a minimum of three years. Specify the locations where copies of these forms are maintained.

Operating State Agency Service Coordination Agencies

Appendix B: Participant Access and Eligibility

B-8: Access to Services by Limited English Proficiency Persons

Access to Services by Limited English Proficient Persons. Specify the methods that the State uses to provide meaningful access to the waiver by Limited English Proficient persons in accordance with the Department of Health and Human Services "Guidance to Federal Financial Assistance Recipients Regarding Title VI Prohibition Against National Origin Discrimination Affecting Limited English Proficient Persons" (68 FR 47311 - August 8, 2003):

The State provides meaningful access to individuals with Limited English Proficiency who are applying for or receiving Medicaid services. The DHMH website contains useful information on Medicaid waivers and other programs and resources. The website will translate information into a number of languages that are predominant in the community. The OSA translated the Autism Waiver brochure into Spanish. All outreach meetings for interested individuals are advertised in both English and Spanish. One side of the notice is in English and the other side in Spanish. Interpreter Service is provided, as needed at outreach events. Service coordination agencies provide service coordination in languages other than English, as needed for children and families. The OSA conducted a survey of providers to determine the availability of services in a number of different languages. The results were distributed to service coordinators.

The State also provides translation services at fair hearings if necessary. If an appellant attends a fair hearing without first requesting services of an interpreter, the administrative law judge will not proceed unless there is an assurance that from the individual that they are able to sufficiently understand the proceedings. If not, the hearing will be postponed until an interpreter has been secured.

Appendix C: Participant Services

C-1: Summary of Services Covered (1 of 2)

a. Waiver Services Summary. List the services that are furnished under the waiver in the following table. If case management is not a service under the waiver, complete items C-1-b and C-1-c:

Service Type	Service
Other Service	Adult Life Planning
Other Service	Environmental Accessibility Adaptations
Other Service	Family Training
Other Service	Intensive Individual Support Services
Other Service	Residential Habilitation
Other Service	Respite Care
Other Service	Therapeutic Integration

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:



As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Adult Life Planning

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:

- Service is included in approved waiver. There is no change in service specifications.
- Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

Service Definition (Scope):

An increasing number of children with autism are aging out of Maryland's Autism Waiver and those school-based services mandated through the Individuals with Disabilities Education Act. Those children and their families are not familiar with the adult autism/developmental disabilities service delivery system including community agencies, federal entitlements and State only funded services. Parents of children aging out of the Autism Waiver who have entered into the adult system have identified a need for direct hands-on technical assistance and support to improve their understanding of services and supports available for adults with autism.

Additionally, national demographic trend data on the increased number of children being diagnosed with autism now reflect an increasing number of individuals with autism entering the adult service system. Concomitantly, annual demographic information on children with autism being disenrolled from the waiver has reflected a continuing increase in those who are aging out of the Autism Waiver. This same demographic trend is reflected in the number of children who are identified with a primary diagnosis of autism collected by the Maryland State Department of Education beginning 15 years ago.

Adult Life Planning for Autism Waiver children and families will focus on the shift from a child-centered developmental model to an adult-oriented self-determination system of services and supports. This service will emphasize the development of a plan for decision-making in the adult autism/developmental disabilities system. The plan will incorporate self-determination, independence, choice, community integration, and provide better coordination with the Maryland adult system of "employment first".

In addition, ALP will provide information to children and their families on the eligibility criteria for State and other generic community services available through social services, parks and recreation, adult autism/developmental disabilities providers and others. The adult system emphasizes the development of a plan for Circles of Support to include natural supports, self-direction, and self-advocacy. The ALP practitioner provides the technical assistance and support for children and families to develop a plan for self-determination, person-centered planning, and circles of support.

ALP works with each Autism Waiver child's home environment to identify skills related to independence, community integration, self-advocacy, self-direction, natural supports, and the adult service system's employment options. ALP practitioners will work with families to develop of a treatment plan incorporating the principles of self-determination, Person-Centered Planning and Circles of Support in decision-making and planning for adulthood. The treatment plan is developed to incorporate federal and state supports with generic and natural supports, including parents, siblings, and others for increased independence, choice, and the child's need for services and supports once they exit the Autism Waiver.

Adult Life Planning treatment programs will include Autism Waiver participants, their families, Autism Waiver service coordinators, and others as needed to:

- 1) increase the use of generic services and natural supports;
- 2) prepare for transition out of the waiver;
- 3) include principles of self-determination, Person Centered Planning and Circles of Support; and
- 4) direct and support the waiver participant with planning and decision-making.
- 5) include specific, measurable, goals and objectives for the child, parent, and ALP practioner within identified time frames.
- 6) identify or provide the assistance and support needed by the child and family to complete their responsibilities in specific measureable goals, objective, support needed and activities.
- 7) ALP incorporates individual and family responsibility to complete the treatment plan as a primary responsibility.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Lifetime maximum of 45 hours

Service Delivery Method (check each that applies):

Participant-directed as specified in Appendix E

Provider managed

Specify whether the service may be provided by (check each that applies):

■ Legally Responsible Person

■ Relative

□ Legal Guardian

Provider Specifications:

Provider Category	Provider Type Title	
Agency	Adult Life Planning Agency	
Individual	Adult Life Planning Practitioner	

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service	
Service Name: Adult Life Planning	σ

Provider Category:

Agency

Provider Type:

Adult Life Planning Agency

Provider Qualifications

License (specify):

Certificate (specify):

Other Standard (specify):

Qualifications for Adult Life Planning will include a Master's Degree in Human Services and five years of experience serving autism/developmental disabilities adults.

Verification of Provider Qualifications

Entity Responsible for Verification:

Operating State Agency

Frequency of Verification:

Every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service
Service Name: Adult Life Planning

Provider Category:
Individual
Provider Type:
Adult Life Planning Practitioner

Provider Qualifications
License (specify):

Certificate (specify):

Other Standard (specify):

Qualifications for Adult Life Planning will include a Master's Degree in Human Services and five years of experience serving autism/developmental disabilities adults.

Verification of Provider Qualifications

Entity Responsible for Verification:

Operating State Agency

Frequency of Verification:

Every three years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Environmental Accessibility Adaptations

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:

- Service is included in approved waiver. There is no change in service specifications.
- Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

Service Definition (Scope):

Those physical adaptations to the home, required by the child's plan of care, which are necessary to ensure the health, welfare and safety of the individual, or which enable the child to function with greater independence in the home, and without which the child would require institutionalization. Such adaptations may include alarms or locks on windows, doors, and fences; protective padding on walls or floors; Plexiglas on windows; outside gates and fences; brackets for appliances; raised electrical switches and sockets; and safety screen doors which are necessary for the welfare of the child. Window locks may only be used if there is no other way to prevent a child's rapid movement into a potentially dangerous situation. With the added safety precautions, it must be assured that the house has enough exits, so there are not fire or safety concerns. Several rooms may be secured, not the whole house. As appropriate, the adaptations must be approved by the fire department as meeting the fire safety code. Excluded are those adaptations or improvements to the home which are of general utility, and are not of direct medical or remedial benefit to the child, such as decks, roof repair, central air conditioning, etc. Adaptations which add to the total square footage of the home are excluded from this benefit. All services shall be provided in accordance with applicable State or local building codes.

Maryland is expanding the concept of environmental accessibility adaptations to include tracking systems. Children who have a documented history of eloping, escaping, wandering, running away, or who have a sleep disturbance identified by a licensed psychologist or certified school psychologist that is an employee of the local school system may be eligible for a personal tracking device and the costs of monitoring.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Preauthorization by the Maryland State Department of Education (MSDE) is required. Expenditures are capped at \$1,500 per person over 36 months.

Service Delivery Method (check each that applies):

- Participant-directed as specified in Appendix E
- Provider managed

Specify whether the service may be provided by (check each that applies):

- **☐** Legally Responsible Person
- Relative
- □ Legal Guardian

Provider Specifications:

Provider Category	Provider Type Title	
Agency	Environmental Accessibility Adaptation	
Individual	Environmental Accessibility Adaptation	

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service

Service Name: Environmental Accessibility Adaptations

Provider Category:

Agency

Provider Type:

Environmental Accessibility Adaptation

Provider Qualifications

License (specify):

Certificate (specify):

Maryland Home Improvement Commission, as appropriate

Other Standard (*specify*):

COMAR 10.09.56, Maryland's Autism Waiver regulations

Verification of Provider Qualifications

Entity Responsible for Verification:

Operating State Agency

Frequency of Verification:

every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service

Service Name: Environmental Accessibility Adaptations

Provider Category:

Individual 🔻

Provider Type:

Environmental Accessibility Adaptation

Provider Qualifications

License (specify):

Maryland Home Improvement Commission, as appropriate

Certificate (specify):

Other Standard (specify):

COMAR 10.09.56, Maryland's Autism Waiver regulations

Verification of Provider Qualifications

Entity Responsible for Verification:

Operating State Agency

Frequency of Verification:

every three years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not

Service Title:

Family Training

specified in statute.

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:

- Service is included in approved waiver. There is no change in service specifications.
- Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

Service Definition (*Scope*):

Family Training is available for the families of children served on the waiver. For purposes of this service, "family" is defined as the persons who live with or provide care to a child who is served on the waiver, and may include a parent, spouse, other children, relatives, foster family, or in-laws. "Family" does not include individuals who are employed to care for the child. Training includes instructions in areas of interest to the family, such as treatment regimens or use of equipment specified in the plan of care, and shall include updates as necessary to safely maintain the child at home. All family training must be documented in the child's written treatment plan which includes goals, objectives, and interventions to be addressed.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Family Training is limited to 40 hours in a calendar year as of this renewal. Previously the annual limitation was 60 hours.

Service Delivery Method (check each that applies):

Participant-directed as specified in Appendix E

▼ Provider managed

Specify whether the service may be provided by (check each that applies):

▼ Legally Responsible Person

■ Relative

□ Legal Guardian

Provider Specifications:

Provider Category	Provider Type Title
Agency	Family Training Agency
Individual	Family Trainer

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Family Training

Provider Category:

Agency ▼

Provider Type:

Family Training Agency

Provider Qualifications

License (specify):

Psychologist

Social Worker

Nurse Psychologist

Speech Therapist

Professional Counselor

Occupational Therapist

Marriage and Family Therapist

Certificate (*specify*):

School Psychologist

Special Educator

Board Certified Behavior Analyst

Other Standard (*specify*):

State Medicaid Regulations, COMAR 10.09.56

Verification of Provider Qualifications

Entity Responsible for Verification:

Operating State Agency

Frequency of Verification:

every three years

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Family Training

Provider Category:

Individual 🔽

Provider Type:

Family Trainer **Provider Qualifications**

License (specify):

Psychologist

Social Worker

Nurse Psychologist

Speech Therapist

Professional Counselor

Marriage and Family Therapist **Certificate** (*specify*): School Psychologist Special Educator **Board Certified Behavior Analyst Other Standard** (specify): State Medicaid Regulations, COMAR 10.09.56

Verification of Provider Qualifications

Entity Responsible for Verification: Operating State Agency

Frequency of Verification:

every three years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Intensive Individual Support Services

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:

- Service is included in approved waiver. There is no change in service specifications.
- Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

Service Definition (*Scope*):

Intensive Individual Support Services (IISS) provide intensive, one-on-one assistance based on the child's need for interventions and support. IISS is goal-and task-oriented and intended to prevent or defuse crises; promote developmental and social skills growth; provide the child with behavior management skills; give a sense of security and safety to the child; assist the child with maintaining self-sufficiency and impulse control; improve the child's positive self-expression and interpersonal communication; improve the child's ability to function and cooperate in the home and community; reverse negative behaviors and attitudes; and foster stabilization. These services use the home and community environment as a learning experience and as an opportunity to illustrate and model alternative ways of behaving for the child.

The child is supported in achieving successful home and community living through structured support, reinforcement, modeling, and behavior management. The specific services include one-on-one support, assistance, oversight, and intervention; time-structuring activities; immediate behavioral reinforcements; time-out strategies; crisis intervention techniques; and additional services as prescribed in the child's Individualized Treatment Plan. The child is supported in achieving successful home and community living through structured support, reinforcement, modeling, and behavior management. The specific services include one-on-one support, assistance, oversight, and intervention; time-structuring activities; immediate behavioral reinforcements; time-out strategies; crisis intervention techniques; and additional services as prescribed in the child's Individualized Treatment Plan. The services may include providing transportation and accompanying the child to non-Medicaid services, as necessary and consistent with the waiver plan of care. IISS providers are required to collaborate with the child's family, providers of other waiver services, and other appropriate professionals working with the child in the home or other community settings. IISS may be long-term and must be authorized by the team who develops the waiver plan of care.

An Individualized Treatment Plan that identifies goals, tasks, and interventions to be implemented by the technician is required. The child's IISS program is developed based on the needs of the child. These services use the home and

community environment as a learning experience and as an opportunity to illustrate and model alternative ways of behaving for the child.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

As of the renewal, IISS is limited to 25 hours per week, no more than eight hours per day without approval by the OSA. Previously,

IISS was limited to 30 hours per week and there was no limitation on the number of allowable hours per day.

Service Delivery Method (check each that applies):

- Participant-directed as specified in Appendix E
- Provider managed

Specify whether the service may be provided by (check each that applies):

- **■** Legally Responsible Person
- Relative
- **■** Legal Guardian

Provider Specifications:

Provider Category	Provider Type Title	
Agency	Intensive Individual Support Service	

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service

Service Name: Intensive Individual Support Services

Provider Category:

Agency

Provider Type:

Intensive Individual Support Service

Provider Qualifications

License (specify):

Licensed Psychologist

Licensed Certified Social Worker - Clinical

Licensed Professional Counselor

Certificate (specify):

Certified School Psychologist

Certified Special Educator

Board Certified Behavioral Analyst

Other Standard (specify):

State Medicaid Regulations, COMAR 10.09.56

Verification of Provider Qualifications

Entity Responsible for Verification:

Operating State Agency

Frequency of Verification:

Every three years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the

Medicaid agency	or the	operating	agency	(if	applicable)).
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Service Type:

	J F	
ı	Other Service	7

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Residential Habilitation

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:

- © Service is included in approved waiver. There is no change in service specifications.
- © Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

Service Definition (*Scope*):

Residential habilitation services are community-based residential placements for those children who cannot live at home at the present time because they require highly supervised and supportive environments. A child must receive prior approval for this out-of-home placement by the waiver multidisciplinary team. The multidisciplinary team must review the placement at least annually.

Residential habilitation services are received in facilities located in Maryland that are DDA licensed group homes, licensed alternative living units, or residential facilities approved for special education. A therapeutic living program of treatment, intervention, training, supportive care, and oversight is provided. Services are designed to assist children in acquiring, retaining, and improving the self-help, socialization, and adaptive skills necessary to reside successfully in home and community-based settings. These services are offered at a regular or intensive level, reimbursed at one of two rates. The intensive level of service for the child involves awake overnight or one-on-one staffing.

A Residential Habilitation program must be designed to provide a home-like, therapeutic, and safe environment which allows, as appropriate, for the child's eventual return to the family (natural, adoptive, or surrogate) or for the individual to acquire the skills and resources for group or independent living. All Residential Habilitation programs must provide a 24-hour therapeutic environment and coordinate with the child's providers of clinical treatment services, educational services, and health and medical services. The residential habilitation provider must assure that the child's needs are met for shelter, food, clothing, and furnishings, although these are not included in the Medical Assistance reimbursement rate. Provided are the following services: Habilitation, Behavior Shaping and Management, Daily Living Skills, Self-Direction, Functional Living Skills Training, Socialization, Mobility, Community Mobility, Transportation, Crisis Intervention and Planning, and Medication Management, Monitoring, and Training.

Payment to a provider of Residential Habilitation during a child's absence for such reasons as family visitation or hospitalization, another variation of residential habilitation would be available for up to a maximum of 15 days per calendar year.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

There is a limit of 15 days of payment to a provider for a child's absence during a calendar year.

Service Delivery Method (check each that applies):

Participant-directed	as specified	in Appendix E
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Provider managed

Specify whether the service may be provided by (check each that applies):

■ Legally Responsible Person

■ Relative

□ Legal Guardian

Provider Specifications:

Provider Category	Provider Type Title
Agency	Residential Habilitation Agency

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service

Service Name: Residential Habilitation

Provider Category:

Agency

Provider Type:

Residential Habilitation Agency

Provider Qualifications

License (specify):

Residential Child Care license under COMAR 01.04.04

Group Home or Alternative Living Unit Licensed by the Developmental Disabilities Administration

Certificate (specify):

Other Standard (specify):

Standards in COMAR 10.09.56

Has eight or fewer beds, unless approved by the Maryland State Department of Education to have up to 16 beds due to special needs of children;

Has no more than two individuals in a bedroom;

Provides opportunities for participants to have personal items in the participant's bedroom that reflect the participant's personal tastes;

Provides for participation and input of the participant into eating times, menus, and meal preparation, as appropriate for specific health conditions and in accordance with treatment standards;

Provides opportunities for participants to participate in community activities; and

Is located and integrated into a residential community.

Verification of Provider Qualifications

Entity Responsible for Verification:

Operating State Agency

Frequency of Verification:

every three years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:

Other Service

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Respite Care

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:

- Service is included in approved waiver. There is no change in service specifications.
- Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

Service Definition (*Scope*):

Respite care services include assistance with activities of daily living that are provided to individuals unable to care for themselves; furnished on a short-term basis because of the absence or need for relief of those persons normally providing the care. Respite care can be provided in the child's home or place of residence, a community setting, or a Youth Camp certified by the Department of Health and Mental Hygiene. under COMAR 10.16.06, or a site licensed by the Developmental Disabilities Administration to accommodate individuals for respite care.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

Respite care services are limited to 336 hours for a calendar year, with 168 hours available from January 1 to June 30 and another 168 hours from July 1 to December 31 of that year. This is an increase of 168 hours over the current limitation, effective with the renewal.

Service Delivery Method (check each that applies):

- Participant-directed as specified in Appendix E
- Provider managed

Specify whether the service may be provided by (check each that applies):

- **■** Legally Responsible Person
- Relative
- □ Legal Guardian

Provider Specifications:

Provider Category	Provider Type Title		
Agency	Respite Care Agency		

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Respite Care

Provider Category:

Agency

Provider Type:

Respite Care Agency **Provider Qualifications**

License (specify):

Psychologist

Social Worker

Nurse

Professional Counselor

Occupational Therapist

Psychologist

Certificate (*specify*):

School Psychologist

Special Educator

Board Certified Behavior Analyst

Other Standard (specify):

State Medciad Regulation, COMAR 10.09.56

COMAR 10.16.06, or a site licensed by the Developmental Disabilities Administration or the Department of Human Resources to accommodate children for respite care.

Verification of Provider Qualifications
Entity Responsible for Verification:
Operating State Agency
Frequency of Verification:
every three years

Appendix C: Participant Services

C-1/C-3: Service Specification

State laws, regulations and policies referenced in the specification are readily available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Service Type:	
Other Service	

As provided in 42 CFR §440.180(b)(9), the State requests the authority to provide the following additional service not specified in statute.

Service Title:

Therapeutic Integration

Complete this part for a renewal application or a new waiver that replaces an existing waiver. Select one:

- Service is included in approved waiver. There is no change in service specifications.
- Service is included in approved waiver. The service specifications have been modified.
- Service is not included in the approved waiver.

Service Definition (*Scope*):

Therapeutic Integration (TI) services are available as a structured program of therapeutic activities based on the child's need for intervention and support. TI services are based on the child's individualized Treatment Plan that identifies the goal of specific therapeutic activities provided.

TI focuses heavily on expressive therapies and therapeutic recreational activities. Development of the child's communication and social skills, enhancement of self-esteem, improved peer interaction, and behavior management are important components. A daily session is a minimum of two hours and a maximum of four hours for those children who are identified to need a therapeutic program in their waiver plan of care. There is a maximum of 20 hours of TI allowed per child in a seven day period.

TI services are appropriate for children and adolescents who have obstacles with socialization, isolation, hyperactivity, impulse control, and behavior. TI services are not education or recreation-focused but are therapeutic and habilitative. They must be culturally competent and congruent with the specific cultural norms of the child or adolescent.

TI providers must be able to provide therapeutic intervention and recreation services, behavioral management, and planning for crises with the child during a session. The child's TI program shall include socialization groups and one or more of the following expressive therapies as appropriate: art therapy, music therapy, dance therapy, and activity therapy. Individual or group counseling as well as activities for building self-esteem may also be included. Transportation services to and from the TI location may be provided, with the time of the transportation included as part of the allowable two to four hours daily. Additional reimbursement is not available for transporting the child. Coordination must be assured with the child's other waiver providers, service coordinator for the Autism Waiver, and other professionals working with the child. TI is not supervised recreation and must be guided by each child's treatment plan.

Specify applicable (if any) limits on the amount, frequency, or duration of this service:

A minimum of 2 hours and a maximum of 4 hours on any day. No more than 20 hours of Therapeutic Integration may be provided in a seven day period.

Service Delivery Method (check each that applies):

Participant-directed as specified in Appendix E

Provider managed

Specify whether the service may be provided by (check each that applies):

■ Legally Responsible Person

■ Relative

■ Legal Guardian

Provider Specifications:

Provider Category	Provider Type Title	
Agency	Therapeutic Integration	

Appendix C: Participant Services

C-1/C-3: Provider Specifications for Service

Service Type: Other Service Service Name: Therapeutic Integration	
Provider Category:	
Agency	
Provider Type:	
Therapeutic Integration	
Provider Qualifications	
License (specify):	

Certificate (specify):

Other Standard (specify):

State Medicaid Regulations, COMAR 10.09.56

Verification of Provider Qualifications

Entity Responsible for Verification:

Operating State Agency

Frequency of Verification:

every three years

Appendix C: Participant Services

C-1: Summary of Services Covered (2 of 2)

- **b. Provision of Case Management Services to Waiver Participants.** Indicate how case management is furnished to waiver participants (*select one*):
 - Not applicable Case management is not furnished as a distinct activity to waiver participants.
 - Applicable Case management is furnished as a distinct activity to waiver participants. Check each that applies:

As a waiver service defined in Appendix C-3. Do not complete item C-1-c.

- As a Medicaid State plan service under §1915(i) of the Act (HCBS as a State Plan Option). Complete item C-1-
- As a Medicaid State plan service under §1915(g)(1) of the Act (Targeted Case Management). Complete item C-
- **As an administrative activity.** Complete item C-1-c.
- **c. Delivery of Case Management Services.** Specify the entity or entities that conduct case management functions on behalf of waiver participants:

Case management services are provided by service coordination employees of the local school system or the local school system will contract with a private provider of service coordination.

Appendix C: Participant Services

C-2: General Service Specifications (1 of 3)

- **a. Criminal History and/or Background Investigations.** Specify the State's policies concerning the conduct of criminal history and/or background investigations of individuals who provide waiver services (select one):
 - No. Criminal history and/or background investigations are not required.
 - © Yes. Criminal history and/or background investigations are required.

Specify: (a) the types of positions (e.g., personal assistants, attendants) for which such investigations must be conducted; (b) the scope of such investigations (e.g., state, national); and, (c) the process for ensuring that mandatory investigations have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid or the operating agency (if applicable):

- (a)Types of positions: State regulations require that all providers are cleared through a criminal history and background check. All applicants to provide Medicaid services through the Autism Waiver must clear the investigation before approval to provide services is considered. Upon approval as a provider agency, every provider agency must conduct and maintain a criminal background check on every employee who will work directly with children or families. The requirement applies to every direct care technician and professional position, including technicians for all available services, supervisors of direct care technicians, family trainers, program directors, on-site residential supervisors, on-call nurses, twenty-four hour on-call professionals for crisis intervention, and professional consultants contracted by provider agencies.
- (b) Scope of investigations: The scope of the investigations is both state-wide and national. The federal FBI component of the criminal background check includes a national review for child abuse/neglect offenses.
- (c) Process for ensuring completion of investigations: Only background investigations conducted by the Maryland Department of Public Safety and Correctional Services Criminal Justice Information System are accepted. Checks involve a full criminal investigation with finger printing, of charges filed, arrests, and convictions. Abuse type offenses are identified in this process. MSDE and DHMH staff members insure compliance at three points:
- When reviewing provider applications prior to approval as a Medicaid provider.
- When conducting audits of the provider agencies.
- All providers must submit monthly CJIS update reports to MSDE reflecting all new employees, all terminated employees, and any change in criminal history status for active employees.
- **b. Abuse Registry Screening.** Specify whether the State requires the screening of individuals who provide waiver services through a State-maintained abuse registry (select one):
 - No. The State does not conduct abuse registry screening.
 - Yes. The State maintains an abuse registry and requires the screening of individuals through this registry.

Specify: (a) the entity (entities) responsible for maintaining the abuse registry; (b) the types of positions for which abuse registry screenings must be conducted; and, (c) the process for ensuring that mandatory screenings have been conducted. State laws, regulations and policies referenced in this description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable):

Appendix C: Participant Services

C-2: General Service Specifications (2 of 3)

- c. Services in Facilities Subject to §1616(e) of the Social Security Act. Select one:
 - No. Home and community-based services under this waiver are not provided in facilities subject to §1616(e) of the Act.
 - **○** Yes. Home and community-based services are provided in facilities subject to §1616(e) of the Act. The standards that apply to each type of facility where waiver services are provided are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Appendix C: Participant Services

C-2: General Service Specifications (3 of 3)

- d. Provision of Personal Care or Similar Services by Legally Responsible Individuals. A legally responsible individual is any person who has a duty under State law to care for another person and typically includes: (a) the parent (biological or adoptive) of a minor child or the guardian of a minor child who must provide care to the child or (b) a spouse of a waiver participant. Except at the option of the State and under extraordinary circumstances specified by the State, payment may not be made to a legally responsible individual for the provision of personal care or similar services that the legally responsible individual would ordinarily perform or be responsible to perform on behalf of a waiver participant. Select one:
 - No. The State does not make payment to legally responsible individuals for furnishing personal care or similar services.
 - **O** Yes. The State makes payment to legally responsible individuals for furnishing personal care or similar services when they are qualified to provide the services.

Specify: (a) the legally responsible individuals who may be paid to furnish such services and the services they may provide; (b) State policies that specify the circumstances when payment may be authorized for the provision of *extraordinary care* by a legally responsible individual and how the State ensures that the provision of services by a legally responsible individual is in the best interest of the participant; and, (c) the controls that are employed to ensure that payments are made only for services rendered. *Also, specify in Appendix C-1/C-3 the personal care or similar services for which payment may be made to legally responsible individuals under the State policies specified here.*

e.	Other State Policies Concerning Payment for Waiver Services Furnished by Relatives/Legal Guardians. Specify State
	policies concerning making payment to relatives/legal guardians for the provision of waiver services over and above the
	policies addressed in Item C-2-d. <i>Select one</i> :

- The State does not make payment to relatives/legal guardians for furnishing waiver services.
- The State makes payment to relatives/legal guardians under specific circumstances and only when the relative/guardian is qualified to furnish services.

Specify the specific circumstances under which payment is made, the types of relatives/legal guardians to whom payment may be made, and the services for which payment may be made. Specify the controls that are employed to ensure that payments are made only for services rendered. Also, specify in Appendix C-1/C-3 each waiver service for which payment may be made to relatives/legal guardians.

Relatives/legal guardians may be paid for providing waiver services whenever the relative/legal guardian is qualified to provide services as specified in Appendix C-1/C-3.
Specify the controls that are employed to ensure that payments are made only for services rendered.

Other policy.
Specify:

f. Open Enrollment of Providers. Specify the processes that are employed to assure that all willing and qualified providers have the opportunity to enroll as waiver service providers as provided in 42 CFR §431.51:

Provider enrollment for the Autism Waiver is an open and continuous process. Individuals and/or agencies can apply to become providers at any time by requesting a provider application and information packet from MSDE. Potential providers are issued copies of all regulations and procedures and have ready access to information regarding the Autism Waiver, including information concerning conditions for participation. Medicaid program transmittals are listed on the DHMH web site.

Appendix C: Participant Services

Quality Improvement: Qualified Providers

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

- a. Methods for Discovery: Qualified Providers
 - i. Sub-Assurances:
 - a. Sub-Assurance: The State verifies that providers initially and continually meet required licensure and/or certification standards and adhere to other standards prior to their furnishing waiver services.

Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

All providers to be approved by MSDE and DHMH will meet all required licensure and/or certification standards. Numerator: Number of approved provider applicants meeting all required licensure and/or certification standards. Denominator: Total number of approved provider applicants.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	№ 100% Review
Operating Agency	 ■ Monthly	Less than 100% Review

Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:		
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
State Medicaid Agency	☐ Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	✓ Quarterly	
Other Specify:	☐ Annually	
	☐ Continuously and Ongoing	
	Other Specify:	

Performance Measure:

All provider applicants to be approved by the OSA and SMA will attend required Initial Provider Training. Numerator: Number of approved provider agencies attending required Initial Provider Training per year. Denominator: Total number of provider agencies enrolled per year.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	№ 100% Review
Operating Agency	 ■ Monthly	☐ Less than 100% Review

Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify: Semi-annual	

Data Aggregation and Analysis:			
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):		
☐ State Medicaid Agency	☐ Weekly		
Operating Agency	☐ Monthly		
☐ Sub-State Entity	☐ Quarterly		
Other Specify:	✓ Annually		
	☐ Continuously and Ongoing		
	Other Specify:		

Performance Measure:

All providers will maintain required licensure and/or certification standards. Numerator 1: Number of providers with renewed licensure/certification. Denominator 1: Total number of providers identified in for licensure/certification renewal. Numerator 2: Number of audited providers with required licensure/ certification. Denominator 1: Total number of audited providers.

Data Source (Select one):

Record reviews, off-site

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	№ 100% Review
Operating Agency	✓ Monthly	Less than 100%

		Review
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Source (Select one):

On-site observations, interviews, monitoring

If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (check each that applies):
State Medicaid Agency	™ Weekly	☐ 100% Review
Operating Agency	 ■ Monthly	☑ Less than 100% Review
Sub-State Entity Other	☐ Quarterly ☐ Annually	Representative Sample Confidence Interval = Stratified
Specify:		Describe Group:
	Continuously and Ongoing	Other Specify: 30% Review
	Other Specify:	

Data Aggregation and Analysis:

	Frequency of data aggregation and analysis (check each that applies):	
☐ State Medicaid Agency	☐ Weekly	

Operating Agency	Monthly
☐ Sub-State Entity	Quarterly
Other Specify:	☐ Annually
	☐ Continuously and Ongoing
	Other Specify:

Performance Measure:

All providers are required to attend at least one Ongoing Provider Training per year. Numerator: Number of provider agencies attending at least one Ongoing Provider Training per year. Denominator: Total number of provider agencies.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc) If 'Other' is selected specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	☐ Weekly	№ 100% Review
Operating Agency	 ■ Monthly	Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	✓ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:

	Frequency of data aggregation and analysis (check each that applies):
State Medicaid Agency	□ Weekly

Operating Agency	 Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	Other Specify:

b. Sub-Assurance: The State monitors non-licensed/non-certified providers to assure adherence to waiver requirements.

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

All providers are required to attend at least one Ongoing Provider Training per year. Numerator: Number of provider agencies attending at least one Ongoing Provider Training per year. Denominator: Total number of provider agencies.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):	
State Medicaid Agency	™ Weekly	№ 100% Review	
Operating Agency	 ■ Monthly	Less than 100% Review	
■ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =	
Other Specify:	✓ Annually	Stratified Describe Group:	
	Continuously and Ongoing	Other Specify:	

			,
	Other Specify:		
Data Aggregation and Analy			
Responsible Party for data a and analysis (check each tha			data aggregation and k each that applies):
☐ State Medicaid Agency	r	☐ Weekly	
Operating Agency		Monthly	
☐ Sub-State Entity		Quarterl	y
☐ Other		✓ Annually	,
Specify:			
		Continuo	ously and Ongoing
		Other	

Performance Measure:

All non-licensed/non-certified providers will meet waiver educational and experience requirements. Numerator: Number of monitored non-licensed/non-certified providers who meet waiver educational and experience requirements.. Denominator: Total number of monitored non-licensed/non-certified providers.

Specify:

Data Source (Select one):

On-site observations, interviews, monitoring

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	□ Weekly	☐ 100% Review
Operating Agency	 ■ Monthly	Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	▼ Continuously and	 Other

Ongoing	Specify: 30% Review
Other	
Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
☐ State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	☐ Annually
	Continuously and Ongoing
	Other Specify: Semi-annually

Performance Measure:

All provider agencies will provide and document required training for non-licensed/non-certified providers. Numerator: Number of monitored providers with documented, required training for non-licensed/non-certified providers. Denominator: Total number of monitored providers with non-licensed/non-certified staff.

Data Source (Select one):

On-site observations, interviews, monitoring

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):	
State Medicaid Agency	□ Weekly	☐ 100% Review	
Operating Agency	 ■ Monthly	Less than 100% Review	
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =	
Other Specify:	☐ Annually	Stratified Describe Group:	
	Continuously and	⊘ Other	

Ongoing	Specify: 30% review
Other	
Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
☐ State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
Sub-State Entity	☐ Quarterly
Other Specify:	☐ Annually
	Continuously and Ongoing
	Other Specify: Semi-annually

Performance Measure:

All non-licensed/non-certified providers will receive an approvable criminal history background check. Numerator: Number of audited non-licensed/non-certified providers with a positive criminal history background check clearance. Denominator: Total number of audited non-licensed/certified providers.

Data Source (Select one):

On-site observations, interviews, monitoring

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	☐ 100% Review
▽ Operating Agency	 ■ Monthly	Less than 100% Review
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and	⊘ Other

Ongoing	Specify: 30% review
Other	
Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
☐ State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	☐ Annually
	Continuously and Ongoing
	Other Specify: Semi-annually

c. Sub-Assurance: The State implements its policies and procedures for verifying that provider training is conducted in accordance with state requirements and the approved waiver.

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

All provider applicants to be approved by MSDE and DHMH will attend required Initial Provider Training. Numerator: Number of approved provider applicants attending required Initial Provider Training . Denominator: Total number of approved provider applicants per year.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	№ 100% Review
Operating Agency	 Monthly	☐ Less than 100%

		Review
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	✓ Annually	Stratified Describe Group:
	☐ Continuously and Ongoing	Other Specify:
	Specify:	

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
☐ State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	Other Specify:

Performance Measure:

All provider agencies will provide and document required training for both licensed/certified and non-licensed/non-certified providers. Numerator: Number of monitored providers with documented, required training for all employees. Denominator: Total number of monitored providers.

Data Source (Select one):

On-site observations, interviews, monitoring

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
☐ State Medicaid	™ Weekly	☐ 100% Review
Agency		

▽ Operating Agency	☐ Monthly	✓ Less than 100% Review
Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify: 30% Review
	Other Specify:	

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
☐ State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	☐ Annually
	Continuously and Ongoing
	Other Specify: Semi-annually

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.

Several methods are employed for remediation and/or addressing individual problems. Issues with provider qualifications may be identified through the Reportable Event process detailed later in this application, through the monitoring of provider records, through licensing surveys and through the monthly provider CJIS update reports listing renewals of licensures and certifications.

If any of these sources identifies a provider as lacking current licensure/certification as required by regulation, the

Maryland State Department of Education (MSDE) Autism Waiver Provider Liaison immediately contacts the provider to verify the status of the provider staff member(s) in question. If required qualifications are not present, a referral is made immediately to the Department of Health and Mental Hygiene with recommendation for the suspension of Medicaid payments to the provider and for the recovery of any past payments made while qualified providers were not present. The suspension of payments remains in effect until such time as verification of required licensure/certification is received by MSDE. Funds lost during the suspension period cannot be recovered by the provider for any time period during which qualified providers were not in place. Failure to submit documentation of current licensure/certification in a timely matter will result in the recommendation for the disenrollment of the agency as an Autism Waiver service provider. Provider applicants are not enrolled until they have attended a training session orienting them to regulations and procedures for qualified providers.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Anal	ysis (including trend identification)
Responsible Party (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
▼ State Medicaid Agency	☐ Weekly
Operating Agency	✓ Monthly
☐ Sub-State Entity	✓ Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	Other Specify:

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Financial Accountability that are currently non-operational.

○ No

Yes

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Concurrent with the renewal of the waiver in FY 2010, Maryland will put in place a regulatory requirement that all providers attend at least one MSDE sponsored Autism Waiver training session per year. Providers who have significant findings from state audits of their waiver records, or who have any state-imposed sanctions or recovery of Medicaid funds due to violations of regulations will be required to attend all MSDE sponsored Autism Waiver provider training sessions until a follow-up audit(s)indicates compliance.

Appendix C: Participant Services

C-3: Waiver Services Specifications

Section C-3 'Service Specifications' is incorporated into Section C-1 'Waiver Services.'

Appendix C: Participant Services

C-4: Additional Limits on Amount of Waiver Services

a. Additional Limits on Amount of Waiver Services. Indicate whether the waiver employs any of the following additional limits on the amount of waiver services (*select one*).

- Not applicable The State does not impose a limit on the amount of waiver services except as provided in Appendix C-3.
- Applicable The State imposes additional limits on the amount of waiver services.

When a limit is employed, specify: (a) the waiver services to which the limit applies; (b) the basis of the limit, including its basis in historical expenditure/utilization patterns and, as applicable, the processes and methodologies that are used to determine the amount of the limit to which a participant's services are subject; (c) how the limit will be adjusted over the course of the waiver period; (d) provisions for adjusting or making exceptions to the limit based on participant health and welfare needs or other factors specified by the state; (e) the safeguards that are in effect when the amount of the limit is insufficient to meet a participant's needs; (f) how participants are notified of the amount of the limit. (check each that applies)

	Limit(s) on Set(s) of Services. There is a limit on the maximum dollar amount of waiver services that is authorized		
	for one or more sets of services offered under the waiver. Furnish the information specified above.		
	Prospective Individual Budget Amount. There is a limit on the maximum dollar amount of waiver services		
	authorized for each specific participant. Furnish the information specified above.		
	Budget Limits by Level of Support. Based on an assessment process and/or other factors, participants are assigned		
	to funding levels that are limits on the maximum dollar amount of waiver services. Furnish the information specified above.		
_			
	Other Type of Limit. The State employs another type of limit.		
	Describe the limit and furnish the information specified above.		

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (1 of 8)

State Participant-Centered Service Plan Title:

Waiver Plan of Care

- **a. Responsibility for Service Plan Development.** Per 42 CFR §441.301(b)(2), specify who is responsible for the development of the service plan and the qualifications of these individuals (*select each that applies*):
 - Registered nurse, licensed to practice in the State
 - Licensed practical or vocational nurse, acting within the scope of practice under State law
 - **■** Licensed physician (M.D. or D.O)
 - **Case Manager** (qualifications specified in Appendix C-1/C-3)
 - **Case Manager** (qualifications not specified in Appendix C-1/C-3).

Specify qualifications:

Bachelor's degree in Human Services with one year's experience working with children with autism.

■ Social Worker.

Specify qualifications:

Other
Specify the individuals and their qualifications:

D-1: Service Plan Development (2 of 8)

- b. Service Plan Development Safeguards. Select one:
 - Entities and/or individuals that have responsibility for service plan development may not provide other direct waiver services to the participant.
 - Entities and/or individuals that have responsibility for service plan development may provide other direct waiver services to the participant.

The State has established the following safeguards to ensure that service plan development is conducted in the best interests of the participant. *Specify:*

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (3 of 8)

- **c. Supporting the Participant in Service Plan Development.** Specify: (a) the supports and information that are made available to the participant (and/or family or legal representative, as appropriate) to direct and be actively engaged in the service plan development process and (b) the participant's authority to determine who is included in the process.
 - a) The Autism Waiver plan of care (service plan) is developed by a multidisciplinary team, which is coordinated by a child's service coordinator. That team consists of the child's parent, service coordinator, and other licensed or certified professionals.
 - b) The family may request that anyone attend the meeting who has a professional relationship working with the child. Waiver providers, parent advocates, and private professionals may attend the plan of care meeting at the request of anyone who is part of the multidisciplinary team, including the parent.

The service coordinator assists by identifying the core professional staff that should also participate in the waiver plan of care meeting.

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (4 of 8)

d. Service Plan Development Process. In four pages or less, describe the process that is used to develop the participant-centered service plan, including: (a) who develops the plan, who participates in the process, and the timing of the plan; (b) the types of assessments that are conducted to support the service plan development process, including securing information about participant needs, preferences and goals, and health status; (c) how the participant is informed of the services that are available under the waiver; (d) how the plan development process ensures that the service plan addresses participant goals, needs (including health care needs), and preferences; (e) how waiver and other services are coordinated; (f) how the plan development process provides for the assignment of responsibilities to implement and monitor the plan; and, (g) how and when the plan is updated, including when the participant's needs change. State laws, regulations, and policies cited that affect the service plan development process are available to CMS upon request through the Medicaid agency or the operating agency (if

applicable):

- a) The Autism Waiver Plan of Care (service plan) is developed by a multidisciplinary team, which is coordinated by a recipient's service coordinator. The multidisciplinary team consists of the child's parent, Service Coordinator, and other licensed or certified professionals.
- b) The service coordinator conducts a risk assessment as part of the plan of care development process. As part of the service plan annual renewal process, the service coordinator receives treatment plans from the child's service providers and obtains input form the family. Treatment plans identify the individualized goals and interventions being implemented by the child's providers and include the child-specific strategies being used to ensure health and safety. The team reviews the treatment plans and other relevant assessments to identify needed services, the amount of service needed, provider type for each service, and time frames that the service is needed to assure the child's health and safety. The multidisciplinary team is required to review and approve the waiver plan of care.
- c) The Autism Waiver service coordinator is responsible for reviewing waiver services with the family during the initial application and annual recertification process. Consultation regarding waiver services can occur at any point in time that there is a need or request.
- d) To begin the plan of care development, input is received from the family. The risk assessment described in (b) above provides an overview of community, medical, and waiver services that are needed to begin. In addition, provider treatment plans identify the individualized goals and interventions being implemented and include the strategies being used to ensure the participant's health and safety. The multidisciplinary team reviews the treatment plans and other relevant assessments to identify needed services, the amount of service needed, types of providers needed for each service, and timeframes that the service is needed to assure the child's health and safety. The multidisciplinary team is required to review and approve the waiver plan of care.
- e) Coordinating waiver and non-waiver services is the parent's responsibility with assistance provided from Autism Waiver service coordinators as needed or requested. A Service Coordinator may assist in meeting the needs of a recipient through coordinating access to benefits other than waiver services. As an example, a number of children on the Autism Waiver utilize disposable medical supplies. Specifically, many children receiving waiver services are not toilet trained and require large size diapers, which are covered as a Maryland Medicaid State Plan service.
- f) A key aspect of the plan of care development process is

documenting which providers the family has selected to provide waiver services. When there are changes in providers, the plan is updated to reflect the current circumstances.

Providers must report to the service coordinator regularly about the specific services, including scope that they are providing so that the service coordinator will have up-to- date knowledge about whether the child is receiving the services approved in the plan of care.

The plan of care monitoring process is also enabled by the requirement of the provider to submit treatment plans for most waiver services to the service coordinator. The service coordinator is required to report to the OSA when treatment plans have not been received or when they are not satisfactory and need to be re-done.

g) Plans of care are to be submitted to the OSA at least annually. Plans of care that fail to address all the required elements are returned to the service coordinator for completion. A copy of a letter rejecting a child's plan of care and the criteria which MSDE uses to review and approve the plan is available.

Service coordinators may submit an addendum to a plan of care to change service providers or to increase or decrease the frequency of a waiver service already identified on a child's plan of care. The child's parent must verbally approve of the change(s) noted on the plan of care addendum. Service coordinators are however, required to reconvene the multidisciplinary team prior to adding or deleting a waiver service from a child's plan of care. Maryland's state regulations governing the Autism Waiver, COMAR 10.09.56, and state plan regulations governing service coordination, COMAR 10.09.52, are available on request

The OSA maintains a central file for each child who applies to the Autism Waiver program. These files contain initial and annual recertification documentation including Level of Care instruments, service plans, signed Freedom of Choice designation forms, Technical Eligibility Forms, and Plan of Care Addendums and their annual recertification date.

Information gathered from these documents is entered into a Microsoft Access database. Reports from the database are utilized to determine if service coordinators are in compliance with federal and State waiver recertification requirements.

D-1: Service Plan Development (5 of 8)

e. Risk Assessment and Mitigation. Specify how potential risks to the participant are assessed during the service plan development process and how strategies to mitigate risk are incorporated into the service plan, subject to participant needs and preferences. In addition, describe how the service plan development process addresses backup plans and the arrangements that are used for backup.

A Risk Assessment is completed by the waiver service coordinator during the service plan development process that identifies the child's need for supervision and assistance, medications, police, and protective service involvement in addition to family structure. The assessment addresses services the child is currently receiving and relevant medical conditions.

The assessment information is shared with the multidisciplinary team in preparation for the plan of care development. The multidisciplinary team, with parental participation, reviews the risk assessment information, the child's needs and preferences to determine what waiver services should be incorporated into the plan of care.

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (6 of 8)

f. Informed Choice of Providers. Describe how participants are assisted in obtaining information about and selecting from among qualified providers of the waiver services in the service plan.

Waiver recipients are afforded the freedom to choose among service providers. An updated list of approved waiver service providers is distributed to service coordinators at least every three months. The provider list is organized alphabetically and geographically. Service coordinators review the provider list with families as part of the multidisciplinary team process and more often if needed. Waiver recipients may choose to change providers at any time by requesting that the service coordinator submit a plan of care addendum.

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (7 of 8)

g. Process for Making Service Plan Subject to the Approval of the Medicaid Agency. Describe the process by which the service plan is made subject to the approval of the Medicaid agency in accordance with 42 CFR §441.301(b)(1)(i):

The Quality Care Review (QCR) team at the State Medicaid Agency monitors participant records to assure that health and safety needs are addressed and that the participant is receiving services as approved in their plan of care. On an annual basis, the QCR team reviews a random sample of approximately 10% of the plans of care for children who are enrolled in the waiver. The QCR team reviews records to determine whether participants are receiving the type, scope, amount, duration and frequency of waiver services that are specified in the approved plan of care. The QCR team provides a report of their findings to the OSA, each Autism Waiver residential provider, and jurisdiction.

Monitoring of child's waiver plans of care is also conducted by an Interagency Medicaid Monitoring Team (IMMT) from the SMA and OSA. This team reviews 30% of service coordination records from each jurisdiction on an annual basis and subsequently provides service coordination agencies with a report of findings.

Appendix D: Participant-Centered Planning and Service Delivery

D-1: Service Plan Development (8 of 8)

h. Service Plan Review and Update. The service plan is subject to at least annual periodic review and update to assess the appropriateness and adequacy of the services as participant needs change. Specify the minimum schedule for the review and

	upda	ate of the service plan:
	0	Every three months or more frequently when necessary
	0	Every six months or more frequently when necessary
	6	Every twelve months or more frequently when necessary
	0	Other schedule
		Specify the other schedule:
i.		ntenance of Service Plan Forms. Written copies or electronic facsimiles of service plans are maintained for a minimum od of 3 years as required by 45 CFR §92.42. Service plans are maintained by the following (check each that applies): Medicaid agency
	/	Operating agency
	V	Case manager
		Other
		Specify:

D-2: Service Plan Implementation and Monitoring

- **a. Service Plan Implementation and Monitoring.** Specify: (a) the entity (entities) responsible for monitoring the implementation of the service plan and participant health and welfare; (b) the monitoring and follow-up method(s) that are used; and, (c) the frequency with which monitoring is performed.
 - a) The entity with the primary on-going responsibility for monitoring the implementation of the plan of care is the participant's service coordinator.
 - b) Monitoring and follow-up by the service coordinator are facilitated by several processes and requirements that service coordinators and providers must comply with. Providers must send tracking reports to service coordinators on a regular basis that detail the services rendered. Service coordinators must complete an addendum to the plan of care if a family changes a provider. Also, of great importance is the regulatory requirement for providers to submit treatment plans to service coordinators for certain waiver services. The service coordinator must have a tracking system to follow-up with providers when treatment plans are late or missing. Monthly contacts are also made with families to discuss concerns relative to the plan of care.
 - c) Monitoring is provided on an on-going basis by the service coordinator with the methods and time frames detailed in (b) above. Formal monitoring of the implementation of the plan of care is conducted by the entire multi-disciplinary team annually or more frequently if waiver services are added or changed.
- **b.** Monitoring Safeguards. Select one:
 - © Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may not provide other direct waiver services to the participant.
 - © Entities and/or individuals that have responsibility to monitor service plan implementation and participant health and welfare may provide other direct waiver services to the participant
 - The State has established the following safeguards to ensure that monitoring is conducted in the best interests of the participant. *Specify:*

Quality Improvement: Service Plan

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Service Plan Assurance/Sub-assurances

- i. Sub-Assurances:
 - a. Sub-assurance: Service plans address all participants' assessed needs (including health and safety risk factors) and personal goals, either by the provision of waiver services or through other means.

Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

The OSA reviews each waiver Plan of Care and addendum. Plans of Care which do not address assessed needs are returned to the service coordinator. Numerator: Number of Plans of Care and addendums returned for reevaluation and correction. Denominator: Number of Plans of Care and addendums received by the OSA.

Data Source (Select one): Record reviews, off-site

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	 Weekly	☑ 100% Review
Operating Agency	 ■ Monthly	Less than 100% Review
☐ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other	

зреспу.				
Data Aggregation and Analysis:				
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):			
☐ State Medicaid Agency	□ Weekly			
Operating Agency	 ■ Monthly			
☐ Sub-State Entity	☐ Quarterly			
Other Specify:	☐ Annually			
	Continuously and Ongoing			
	Other Specify:			

Consifer

b. Sub-assurance: The State monitors service plan development in accordance with its policies and procedures.

Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

The OSA maintains a central file for each child in the Autism Waiver program. Those files include Plans of Care and addendums. Information gathered from those plans are entered into a Microsoft Access database. Numerator: Plans returned to the service coordinator because they are noncompliant with federal and state waiver requirements. Denominator: Plans received by the OSA.

Data Source (Select one): **Record reviews, off-site**

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	№ 100% Review
Operating Agency	 Monthly	☐ Less than 100% Review
	ĺ	

■ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other	☐ Annually	☐ Stratified
Specify:		Describe Group:
	Continuously and	Other
	Ongoing	Specify:
	Other	
	Specify:	
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify	:	
D 011 D 4 A	- A	

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	☐ Weekly	№ 100% Review
Operating Agency	 ■ Monthly	Less than 100% Review
■ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
☐ State Medicaid Agency	☐ Weekly	

Operating Agency	■ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	☐ Annually
	Continuously and Ongoing
	Other Specify:

c. Sub-assurance: Service plans are updated/revised at least annually or when warranted by changes in the waiver participant's needs.

Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

The OSA's waiver data base generates a report to enable staff to determine if waiver plans of care are reviewed at least annually. Numerator: Number of plans not in compliance with twelve month review. Denominator: Number of plans received by the OSA.

Data Source (Select one): **Record reviews, off-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	№ 100% Review
Operating Agency	■ Monthly	Less than 100% Review
☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	✓ Annually	Stratified Describe Group:

	Continuously and Ongoing	Other Specify:
	Other Specify:	
Data Source (Select one): Record reviews, off-site If 'Other' is selected, specify:		
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach (chece each that applies):
State Medicaid Agency	☐ Weekly	№ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
■ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	▼ Continuously and Ongoing	Other Specify:
	Specify:	
Data Aggregation and Analy Responsible Party for data and analysis (check each that	aggregation Frequency of	data aggregation and ck each that applies):

■ Weekly

■ Monthly

Quarterly

Other Specify:	☐ Annually
Specify.	
	Continuously and Ongoing
	Other

☐ State Medicaid Agency

Operating Agency

☐ Sub-State Entity

Specify:

d. Sub-assurance: Services are delivered in accordance with the service plan, including the type, scope, amount, duration and frequency specified in the service plan.

Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

The SMA Quality Care Review team monitors waiver records to assure that health/safety needs are assessed. The team provides a specific report of findings to each residential provider and the responsible service coordinator in each jurisdiction and to the OSA. Numerator: # of res hab providers with problems cited relating to health/safety Denominator: # of res hab providers surveyed

Data Source (Select one): **Record reviews, on-site** If 'Other' is selected, specify:

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	☐ 100% Review
☐ Operating Agency	 ■ Monthly	Less than 100% Review
■ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	✓ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify: 10% of Autism Waiver children
	Other Specify:	

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
▼ State Medicaid Agency	☐ Weekly
☐ Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	Other Specify:

e. Sub-assurance: Participants are afforded choice: Between waiver services and institutional care; and between/among waiver services and providers.

Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

All children and families will have a choice of waiver providers. Numerator: Number of plans indicating parent choice of providers. Denominator: Total number of waiver plans of care

Data Source (Select one): **Record reviews, off-site**

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	№ 100% Review
Operating Agency	 ■ Monthly	Less than 100% Review
□ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =

Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	
Data Source (Select one): Record reviews, off-site If 'Other' is selected, specify:		-
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	□ Weekly	№ 100% Review
▽ Operating Agency	 ■ Monthly	Less than 100% Review
Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	✓ Annually	Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	
Data Source (Select one): Record reviews, on-site If 'Other' is selected, specify:		
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	☑ 100% Review
Operating Agency	☐ Monthly	Less than 100%

Review

Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:

Pata Aggregation and Analysis:		
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):	
State Medicaid Agency	☐ Weekly	
Operating Agency	☐ Monthly	
☐ Sub-State Entity	☐ Quarterly	
Other Specify:	☐ Annually	
	Continuously and Ongoing	
	Other Specify:	

Performance Measure:

Autism Waiver children and their families will have the choice of community-based waiver services or receiving services in an ICF-MR. Numerator: Waiver Freedom of Choice notifications of the right to choose between waiver and institutional services. Denominator: Total number of children who are eligible for the Autism Waiver.

Data Source (Select one): **Record reviews, off-site**

Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	™ Weekly	№ 100% Review
Operating Agency	 ■ Monthly	☐ Less than 100% Review

☐ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Specify:	
Data Source (Select one): Record reviews, off-site If 'Other' is selected, specify:		
Responsible Party for data collection/generation (check each that applies):	Frequency of data collection/generation (check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	☐ Weekly	№ 100% Review
Operating Agency	 Monthly	Less than 100%
		Review
□ Sub-State Entity	☐ Quarterly	Review Representative Sample Confidence Interval =
Sub-State Entity Other Specify:	☐ Quarterly ☐ Annually	Representative Sample Confidence
Other		Representative Sample Confidence Interval = Stratified
Other	☐ Annually ☐ Continuously and	Representative Sample Confidence Interval = Stratified Describe Group: Other
Other	☐ Annually ☐ Continuously and Ongoing ☐ Other	Representative Sample Confidence Interval = Stratified Describe Group: Other

State Medicaid Agency	☐ Weekly	№ 100% Review
Operating Agency	☐ Monthly	Less than 100% Review
□ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
☐ State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	☐ Annually
	Continuously and Ongoing
	Other Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

Methods for Remediation/Fixing Individual Problems

- Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.
 - Several methods are employed for remediation and/or addressing individual problems with the plan of care when the plan of care does not adequately address the child's needs. The Reportable Event process detailed later in this

application, identifies service coordinator, provider, and parent concerns regarding services to children on the waiver, both generally and, most commonly, individually. Reportable Events are filed with MSDE and result in an investigation of the issue or incident that begins with the service coordinator. Reportable Events frequently result in a required Corrective Action Plan (CAP) from the provider. Depending upon the nature of the incident, Reportable Events may also result in referrals to DHMH for sanctions against the provider and/or referral to Child Protective Services. PIMMT records monitoring visits to providers also result in CAPs from providers for individual findings from the records review.

Providers with several individual incidents, a series of continuing violations, or unsatisfactory CAPs are referred to DHMH with recommendations for sanctions which may include suspension of Medicaid payments and disenrollment as an Autism Waiver service provider.

As a preventative, proactive intervention to increase general methods for problem correction, as of 2009, all provider applicants are required to attend the Initial Provider Training session before providing waiver services. Applicants are also required to submit an acceptable treatment plan for each service for which they apply. Also, in 2009, Maryland COMAR regulations will be changed to require all providers to attend at least one Ongoing Provider Training session annually. A minimum of two training sessions are offered each year.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
▼ State Medicaid Agency	™ Weekly
Operating Agency	■ Monthly
■ Sub-State Entity	☐ Quarterly
Other Specify:	Annually
	Continuously and Ongoing
	Other Specify:

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Financial Accountability that are currently non-operational.

No	
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Yes

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix E: Participant Direction of Services

Applicability (from Application Section 3, Components of the Waiver Request):

- **Yes. This waiver provides participant direction opportunities.** Complete the remainder of the Appendix.
- No. This waiver does not provide participant direction opportunities. Do not complete the remainder of the Appendix.

CMS urges states to afford all waiver participants the opportunity to direct their services. Participant direction of services includes the participant exercising decision-making authority over workers who provide services, a participant-managed budget or both. CMS will confer the Independence Plus designation when the waiver evidences a strong commitment to participant direction.

Indicate whether Independence Plus designation is requested (select one):

- Yes. The State requests that this waiver be considered for Independence Plus designation.
- No. Independence Plus designation is not requested.

Appendix E: Participant Direction of Services

E-1: Overview (1 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (2 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (3 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (4 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (5 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (6 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (7 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (8 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (9 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (10 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (11 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (12 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-1: Overview (13 of 13)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant Direction (1 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (2 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (3 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (4 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (5 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix E: Participant Direction of Services

E-2: Opportunities for Participant-Direction (6 of 6)

Answers provided in Appendix E-0 indicate that you do not need to submit Appendix E.

Appendix F: Participant Rights

Appendix F-1: Opportunity to Request a Fair Hearing

The State provides an opportunity to request a Fair Hearing under 42 CFR Part 431, Subpart E to individuals: (a) who are not given the choice of home and community-based services as an alternative to the institutional care specified in Item 1-F of the request; (b) are denied the service(s) of their choice or the provider(s) of their choice; or, (c) whose services are denied, suspended, reduced or terminated. The State provides notice of action as required in 42 CFR §431.210.

Procedures for Offering Opportunity to Request a Fair Hearing. Describe how the individual (or his/her legal representative) is informed of the opportunity to request a fair hearing under 42 CFR Part 431, Subpart E. Specify the notice(s) that are used to offer individuals the opportunity to request a Fair Hearing. State laws, regulations, policies and notices referenced in the description are available to CMS upon request through the operating or Medicaid agency.

The opportunity to request a Fair Hearing are provided to individuals who:

- (a) Are not given the choice between home and community-based services as an alternative to institutional care
- (b) Are denied either a provider(s) or service(s) of their choice
- (c) Have services denied, suspended, reduced or terminated
- (d) Are denied waiver eligibility

When an adverse decision has been made by the OSA, SMA or their agents, written notice is provided to the individual and their representative. The notice states what the decision is and provides detailed information about steps for the individual/representative to follow as well as time frames to request an appeal. The notice to applicants/participants is consistent with the requirements under 42 CFR Part 431, Subpart E.

Appendix F: Participant-Rights

Appendix F-2: Additional Dispute Resolution Process

a. Availability of Additional Dispute Resolution Process. Indicate whether the State operates another dispute resolution process that offers participants the opportunity to appeal decisions that adversely affect their services while preserving their right to a Fair Hearing. *Select one:*

- No. This Appendix does not apply
- **Section** Yes. The State operates an additional dispute resolution process
- **b. Description of Additional Dispute Resolution Process.** Describe the additional dispute resolution process, including: (a) the State agency that operates the process; (b) the nature of the process (i.e., procedures and timeframes), including the types of disputes addressed through the process; and, (c) how the right to a Medicaid Fair Hearing is preserved when a participant elects to make use of the process: State laws, regulations, and policies referenced in the description are available to CMS upon request through the operating or Medicaid agency.

Appendix F: Participant-Rights

Appendix F-3: State Grievance/Complaint System

- a. Operation of Grievance/Complaint System. Select one:
 - No. This Appendix does not apply
 - Yes. The State operates a grievance/complaint system that affords participants the opportunity to register grievances or complaints concerning the provision of services under this waiver
- b. Operational Responsibility. Specify the State agency that is responsible for the operation of the grievance/complaint system:

The OSA is responsible for the operation of the Reportable Events Policy and Procedure for the Autism Waiver which provides for grievances/complaints to be submitted directly to the OSA or by way of the service coordinator.

- c. **Description of System.** Describe the grievance/complaint system, including: (a) the types of grievances/complaints that participants may register; (b) the process and timelines for addressing grievances/complaints; and, (c) the mechanisms that are used to resolve grievances/complaints. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).
 - a) A participant may register any type of complaint or grievance.
 - b) Reports of incidents are received by the service coordination agency as well as the OSA. The service coordination agency relays any reportable events and information it receives to the OSA Provider Liaison. Investigations are conducted either at the service coordination level or by OSA depending on the issues and severity of the situation. Situations involving actual or potential alleged abuse, neglect or exploitation must be reported to an Adult Protective Services (APS) or Child Protective Services (CPS) office, as appropriate, within 24 hours.

Processes and time lines are part of the Waiver Reportable Event Policy. Time lines are as follows:

- 24 hours emergency situations, abuse, neglect or exploitation
- 5 days non-emergency complaints impacting health and safety
- 45 days administrative complaints
- c) Complaints/grievances are handled in a variety of ways depending on the individual situation. Methods may include:
- * Discussion or meeting with service coordinator, participant, if appropriate, representative and other entities or individuals as indicated, such as a provider.
- * Complaints against a provider will be investigated by the MSDE Autism Waiver Provider Liaison. If the complaint is warranted, the Provider Liaison will require completion of a Corrective Action Plan. Additional contacts may be made by the Liaison to the appropriate licensing authority, Board, or the OHS Division of Waiver Program's Ouality and Compliance Unit for further action.
- * Participant and representative may be assisted to use the Fair Hearing process if they are not satisfied with the problem's resolution.
- * Participant and representative may be assisted by the

service coordinator to identify a new or additional providers.

* Service coordinator may work with family to identify other community resources and programs to address needs that extend beyond the Autism Waiver.

Appendix G: Participant Safeguards

Appendix G-1: Response to Critical Events or Incidents

- a. Critical Event or Incident Reporting and Management Process. Indicate whether the State operates Critical Event or Incident Reporting and Management Process that enables the State to collect information on sentinel events occurring in the waiver program. Select one:
 - **Solution** Yes. The State operates a Critical Event or Incident Reporting and Management Process (complete Items b through e)
 - No. This Appendix does not apply (do not complete Items b through e)

 If the State does not operate a Critical Event or Incident Reporting and Management Process, describe the process that the State uses to elicit information on the health and welfare of individuals served through the program.
- b. State Critical Event or Incident Reporting Requirements. Specify the types of critical events or incidents (including alleged abuse, neglect and exploitation) that the State requires to be reported for review and follow-up action by an appropriate authority, the individuals and/or entities that are required to report such events and incidents and the timelines for reporting. State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The State's critical event or incident reporting and management process is coordinated through its policy and procedures for Reportable Events. A Reportable Event is defined as the allegation of or an actual occurrence of an incident that may pose an immediate and/or serious risk to the physical or mental health, safety, or well-being of a waiver participant, or complaints regarding an administrative service or quality of care issue, as follows:

Types of Incidents That Must Be Reported: Abuse: physical, sexual, verbal or emotional

Neglect: nutritional, medical, self, environment
Exploitation: financial, theft, destruction of property
Accidents or Injuries (requiring treatment beyond first aid)

Death: anticipated or unanticipated

Hospitalization: anticipated, unanticipated, in-patient psychiatric, emergency room

Restraint: physical, chemical, seclusion

Treatment Error: medication, delegated task, other

Missing Person Abandonment Rights Violation Other

Reportable Event forms may be filed by anyone, including, parents, providers, service coordinators, State Medicaid or Operating State Agency staff. All of these entities except parents are required to adhere to the policy which requires that a report be filed if the incident falls within policy guidelines. In nearly all instances, Reportable Events are initially filed with the service coordinator of the involved participant.

Providers are required to self report incidents through this process. Providers who are licensed by the DHMH Office of Health Care Quality (OHCQ) are also required to self report incidents to OHCQ within 24 hours of occurrence. Providers and service coordinators must report all instances of abuse neglect, and exploitation to local law enforcement/social services as required by Maryland's Health Occupation Article, Title 8, Section 8-16(a)(13). They are informed of this legal requirement in written guidance during the application process, in periodic written guidance from the State agencies, and in initial and ongoing training sessions provided by the SMA and the OSA.

Processes and time lines are part of the Waiver Reportable Event Policy. Time lines are as follows:

- 24 hours emergency situations, abuse, neglect or exploitation.
- 5 days non-emergency complaints impacting health and safety
- 45 days administrative complaints
- c. Participant Training and Education. Describe how training and/or information is provided to participants (and/or families or legal representatives, as appropriate) concerning protections from abuse, neglect, and exploitation, including how participants (and/or families or legal representatives, as appropriate) can notify appropriate authorities or entities when the participant may have experienced abuse, neglect or exploitation.

Service coordinators have the primary responsibility to provide information to families on protecting their children from abuse, neglect and exploitation. Service coordinators meet with all families of newly admitted waiver participants, and/or their legal representatives as applicable, prior to the provision of waiver services and explain the process for reporting any abuse, neglect, or exploitation issues that may arise. This reporting process is reviewed with the families annually at the waiver recertification conference.

To facilitate the training provided to families on this topic, service coordinators receive training on Maryland's Waiver Reportable Events policies and procedures including requirements of Maryland's Health Occupation Article, Title 8, Section 8-16(a)(13), that details procedures concerning protections from abuse, neglect, and exploitation. This training is provided to service coordinators at their required initial service coordination training session as well as at ongoing training sessions presented by the OSA and SMA.

d. Responsibility for Review of and Response to Critical Events or Incidents. Specify the entity (or entities) that receives reports of critical events or incidents specified in item G-1-a, the methods that are employed to evaluate such reports, and the processes and time-frames for responding to critical events or incidents, including conducting investigations.

The service coordinator conducts an initial investigation upon receipt of the Reportable Event form. For waiver recipients who are minors, reporting of incidents requiring social services/law enforcement agency involvement must occur immediately through the first responsible adult with awareness of the alleged abuse, neglect, or exploitation, by State law. Service coordinators must insure that such referrals occurred in all cases, minors and otherwise, and must make the referrals if they have not occurred. Results and conclusions from the service coordinator's investigation are added to the original report form which is then forwarded to the OSA, MSDE. MSDE conducts further investigation as necessary, including written and verbal communication from parents, service coordinators, and provider staff. Upon review, events/incidents of severe nature are also reported immediately by MSDE to the DHMH Office of Health Care Quality. MSDE's review and response to a Reportable Event follows a set chronology and substance.

- 1. The Reportable Event is received.
- 2. The event and all information are entered into the Reportable Event database and reviewed by staff.
- 3. Additional information is procured from involved parties as necessary.
- 4. A Reportable Event status letter is issued to the service coordinator and to the provider if applicable. The service coordinator is directed to copy the parent(s) when applicable.
- 5. As necessary, follow-up is required of the provider and/or service-coordinator (Service coordinator conducts continued monitoring/updating of developments to ensure health, welfare, safety of the child; provider required to provide additional explanation in writing or to meet with OSA staff; provider institutes corrective action plan (CAP) and/or receives sanctions recommendation; OSA and SMA conduct monitoring visit to provider; nature of Reportable event is added to service coordination and/or provider training agendas to illustrate problematic issues)
- Reportable Events concerning the denial of requested services and appeal of same may involve the State Attorney General's Office and the Office of Administrative Hearings. Reportable Events concerning quality of care issues may involve the Office of Health Care Quality. All Reportable Events should be resolved within 45 days.
- **e.** Responsibility for Oversight of Critical Incidents and Events. Identify the State agency (or agencies) responsible for overseeing the reporting of and response to critical incidents or events that affect waiver participants, how this oversight is conducted, and how frequently.

The SMA and the OSA share the responsibility for oversight of Reportable Events. Reportable Events are immediately reviewed upon receipt by the OSA Provider Liaison who, depending on the situation, engages in discussion with service coordinators, providers, and/or parents of participants in order to resolve them. The Provider Liaison involves other state agencies as circumstances require. The OSA includes the SMA on all written communications. The Provider Liaison will contact staff of the SMA within 24 hours if a serious incident has been reported

Every Reportable Event is entered into a database for trend analysis. MSDE generates a monthly Reportable Event data summary, a quarterly narrative and data summary, and an annual data analysis. DHMH and MSDE meet monthly in an interagency forum, and Reportable Event data analysis is an ongoing agenda item. DHMH and MSDE also review the formal

quarterly report, which is also presented to the Autism Waiver Advisory Council, a multi-stakeholder group. The quarterly report summary/analysis is also shared with service coordinators. DHMH, MSDE, the Advisory Council, service coordinators, and the Autism Waiver Provider Focus Group all review the annual Reportable Event data summary. Reportable Event trend data has led to training priorities, formal written guidance, and procedural and regulatory change within the waiver.

Appendix G: Participant Safeguards

Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (1 of 2)

- a. Use of Restraints or Seclusion. (Select one):
 - The State does not permit or prohibits the use of restraints or seclusion

Specify the State agency (or agencies) responsible for detecting the unauthorized use of restraints or seclusion and how this oversight is conducted and its frequency:

- The use of restraints or seclusion is permitted during the course of the delivery of waiver services. Complete Items G-2-a-i and G-2-a-ii.
 - i. Safeguards Concerning the Use of Restraints or Seclusion. Specify the safeguards that the State has established concerning the use of each type of restraint (i.e., personal restraints, drugs used as restraints, mechanical restraints or seclusion). State laws, regulations, and policies that are referenced are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

The majority of waiver participants reside in their home and receive waiver services in their home and community. For the participants that reside at home with their parents, the family, provider or service coordinators, would report the unauthorized use of restraints through the Reportable Events policy and procedures. The family is with the child on a daily basis, the provider may be with the child daily or weekly and the service coordinator will visit the child at least quarterly, and more frequently if needed. Service coordinators and providers have the responsibility of reporting abuse and neglect that may result from the use of restraints to the Child Protective Service.

A small group of waiver participants reside in residential facilities. Residential Habilitation waiver providers are licensed by the Office of Health Care Quality under Developmental Disabilities Administration (DDA) or the Department of Human Resources(DHR).

For waiver participants in a residential habilitation facility, program personnel may use time out to address a resident's behavior: If the resident's behavior unreasonably interferes with the program activities; if the resident's behavior constitutes an emergency, and time out is necessary to protect a resident or other person from imminent, serious, physical harm after other less intrusive interventions have failed or been determined inappropriate; when time out is requested by the resident; or when supported by the safety plan. The safeguards in COMAR 14.31.06 identify that a setting used for time out shall: provide program personnel with the ability to see the resident at all times; provide adequate lighting, ventilation, and furnishings; and be unlocked and free of structural barriers to prevent egress. Program personnel shall supervise a resident placed in time out and provide a resident in time out with: an explanation of the behavior that resulted in the removal; and explanation and instruction on the behavioral expectations when the resident returns to the milieu. Each period of time out shall be appropriate to the developmental level of the resident and the degree of severity of the behavior, and may not exceed 30 minutes. Parents or a legal guardian, the custodial agency, and program personnel may at any time request a meeting to address the use of time out and to conduct a functional behavioral assessment and, develop, review, or revise a resident's behavioral intervention plan.

Physical Restraints: The use of prone floor restraint is prohibited in residential child care facilities. The use of physical restraint is prohibited in residential child care facilities unless: there is an emergency situation and physical restraint is necessary to protect a resident or other individuals from imminent, serious, physical harm after other less intrusive, nonphysical interventions have failed or been determined inappropriate; and the parents or legal guardian of a resident have been notified before admission that use of physical restraints may be

necessary. Physical restraint may be applied only by program personnel who have successfully completed training in the appropriate use of physical restraint consistent with State requirements. In applying physical restraint, program personnel may only use reasonable force as is necessary to protect a resident or other person from imminent, serious physical harm. A physical restraint shall be removed as soon as the resident is calm and may not last longer than 30 minutes. Trained staff shall constantly monitor the use of restraint for the following: proper technique; level of consciousness of the youth being restrained; breathing; and other safety factors. Senior program personnel shall conduct a face-to-face assessment, as described in regulation, as soon as practicable but not more than 1 hour after the initiation of the restraint.

Mechanical Restraints: The use of mechanical restraint is prohibited in residential child care facilities, except as permitted in COMAR 14.31.07.08. This does not prohibit program personnel from using a protective or stabilizing device prescribed by a health care professional. The use of seclusion is prohibited in residential child care facilities.

If restraint is used for a resident, the treatment team shall meet within 5 business days of the incident to consider: the review of the safety plan; the need for a functional behavioral assessment; reviewing or developing appropriate behavioral interventions; and revising or implementing a behavioral intervention plan. If restraint is used for a resident, and the behavior treatment plan includes the use of restraint, the resident's behavior treatment plan shall specify how often the treatment team shall meet to review or revise, as appropriate, the resident's behavior treatment plan. When a treatment team meets to review or revise a resident's behavior treatment plan, the treatment team shall consider: existing health, physical, psychological, and psychosocial information; information provided by the parent or legal guardian and the custodial agency; and observations by program personnel and related service providers.

The program shall provide the parent or legal guardian of the resident, the custodial agency, and the resident's attorney with written notice when a treatment team proposes or refuses to initiate or change the resident's behavior treatment plan that includes the use of restraint. A parent or legal guardian may request an appeal through the program's grievance process if the parent disagrees with the treatment team decision to propose, or refuse to initiate, or change the resident's behavior treatment plan to use restraint.

ii. State Oversight Responsibility. Specify the State agency (or agencies) responsible for overseeing the use of restraints or seclusion and ensuring that State safeguards concerning their use are followed and how such oversight is conducted and its frequency:

The Governors' Office for Children has promulgated State regulations on Standards for Residential Child Care Programs, COMAR 14.31.06. Autism Waiver Residential Providers are licensed by either the Developmental Disabilities Administration or the Department of Human Resources. The Office of Health Care Quality (OHCQ), in the Department of Health and Mental Hygiene monitors residential providers to ensure compliance with all state regulations. The OHCQ is responsible for overseeing the use of restraints and seclusion in accordance with regulations governing behavioral supports. Survey and investigations results are communicated directly from OHCQ to the OSA.

In addition, the OSA conducts annual visits to residential providers to assure compliance with state regulations, including the use of restrictive techniques and training. At this visit, the OSA reviews the Individual Plan and the Behavioral Plan as well as Reportable Events submitted to the OSA regarding the residential providers.

Methods for detecting unauthorized use, over use, or inappropriate/ineffective use of restraints, seclusion, and other restrictive techniques include quality review and monitoring by the Quality Care Review Team (QCRT) in the Department of Health and Mental Hygiene and on-site monitoring activities by the OSA. The QCRT monitors 10% of the waiver participants annually. However, the QCRT monitors all of the residential facilities serving children on the Autism Waiver. The service coordinators are required to visit the child's residence at least annually and more frequently if needed. Additionally, the DHMH conducts quarterly Waiver Quality Committee meetings, in which the OSA and OHCQ participate. The Waiver Quality Committee discusses quality trends, including trends related to the use of restrictive techniques.

Appendix G: Participant Safeguards

Appendix G-2: Safeguards Concerning Restraints and Restrictive Interventions (2 of 2)

- **b.** Use of Restrictive Interventions. (Select one):
 - The State does not permit or prohibits the use of restrictive interventions

Specify the State agency (or agencies) responsible for detecting the unauthorized use of restrictive interventions and how this oversight is conducted and its frequency:

- The use of restrictive interventions is permitted during the course of the delivery of waiver services Complete Items G-2-b-i and G-2-b-ii.
 - i. Safeguards Concerning the Use of Restrictive Interventions. Specify the safeguards that the State has in effect concerning the use of interventions that restrict participant movement, participant access to other individuals, locations or activities, restrict participant rights or employ aversive methods (not including restraints or seclusion) to modify behavior. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency.

The State regulations COMAR 14.31.06.15 require that each residential child care facility shall develop policies and procedures to address a continuum of positive behavioral interventions, strategies, and supports for use by program personnel before time out or restraint is used and for the prevention of self-injurious behaviors. The policies and procedures must address the methods for identifying and defusing potentially dangerous behavior and the use and documentation of time out consistent with State requirements.

COMAR 14.31.06.15 requires that program personnel shall be encouraged to use an array of positive behavior interventions, strategies, and supports to increase adaptive behaviors or decrease targeted behaviors as specified in the behavior treatment plan. Program personnel may only use time out or restraint after less restrictive or alternative approaches have been considered, and have been attempted or have been determined to be inappropriate. Time out or restraint can only be used in a humane, safe, and effective manner, without intent to harm or create undue discomfort, and consistent with known medical or psychological limitations and the resident's behavioral intervention plan.

Safeguards that the State has in place include the use of Behavioral plans, training and documentation of the use of the restrictive interventions and monitoring. Each residential child care facility shall provide training to program personnel on the appropriate implementation of policies and procedures on behavioral interventions, strategies and supports. Each residential child care facility shall identify program personnel authorized to serve as a program wide resource to assist with training on de-escalation techniques and to ensure proper administration of time out and restraint. Program personnel shall receive training, approved by the State, in current professionally accepted practices and standards regarding positive behavior interventions strategies and supports, functional behavior assessment, behavior treatment planning, time out, and restraint. Training shall be required before a program personnel individual may work with residents independently and shall occur at least yearly.

Each residential child care facility shall develop a quality assurance process to: Ensure that each resident's needs are addressed; monitor and address the incident management findings, frequency, and types of restraints utilized; implement measures to reduce the use of restraint; and annually review policies and procedures, and provide them to program personnel and parents or legal guardians.

Each residential child care facility shall develop policies and procedures on monitoring the use of time out and restraint and receiving and investigating complaints regarding time out and restraint practices. The residential child care facility shall report the use of restraint to: the parent or legal guardian immediately following the incident unless otherwise specified by the parent or legal guardian; the placement agency within 24 hours of the incident; the licensing agency in writing, information described in state regulations, within 24 hours of the incident; and Child Protective Services, if the use of restraint was inappropriate. The licensing agency may monitor and request any information regarding any matter related to time out or restraint implemented by a residential child care facility. The licensing agency shall provide written notice of the requested information and specify the time and the manner in which the residential child care facility shall respond to the request.

ii. State Oversight Responsibility. Specify the State agency (or agencies) responsible for monitoring and overseeing the use of restrictive interventions and how this oversight is conducted and its frequency:

The Governors' Office for Children has promulgated State regulations on Standards for Residential Child Care Programs, COMAR 14.31.06. Autism Waiver Residential Providers are licensed by either the Developmental Disabilities Administration or the Department of Human Resources. The Office of Health Care Quality (OHCQ), in the Department of Health and Mental Hygiene monitors residential providers to ensure compliance with all state regulations. The OHCQ is responsible for overseeing the use of restraints and seclusion in accordance with regulations governing behavioral supports. Survey and investigations results are communicated directly from

OHCQ to the OSA.

In addition, the OSA conducts annual visits to residential providers to assure compliance with state regulations, including the use of restrictive techniques and training. At this visit, the OSA reviews the Individual Plan and the Behavioral Plan as well as Reportable Events submitted to the OSA regarding the residential providers.

Methods for detecting unauthorized use, over use, or inappropriate/ineffective use of restraints, seclusion, and other restrictive techniques include quality review and monitoring by the Quality Care Review Team (QCRT) and on-site monitoring activities by the OSA. The QCRT monitors 10% of the waiver participants annually. However, the QCRT monitors all of the residential facilities serving children on the Autism Waiver. Service coordinators are required to visit the child's residence at least annually and more frequently if needed. Additionally, the DHMH conducts quarterly Waiver Quality Committee meetings, in which the OSA and OHCQ participate. The Waiver Quality Committee discusses quality trends, including trends related to the use of restrictive techniques.

Appendix G: Participant Safeguards

Appendix G-3: Medication Management and Administration (1 of 2)

This Appendix must be completed when waiver services are furnished to participants who are served in licensed or unlicensed living arrangements where a provider has round-the-clock responsibility for the health and welfare of residents. The Appendix does not need to be completed when waiver participants are served exclusively in their own personal residences or in the home of a family member.

- a. Applicability. Select one:
 - No. This Appendix is not applicable (do not complete the remaining items)
 - **Yes. This Appendix applies** (complete the remaining items)
- b. Medication Management and Follow-Up
 - **i. Responsibility.** Specify the entity (or entities) that have ongoing responsibility for monitoring participant medication regimens, the methods for conducting monitoring, and the frequency of monitoring.

Only Residential Habilitation service providers are responsible for the administration of medications to participants. These children constitute a very small proportion of participants (less than 30 of 900 total participants). Maryland law under COMAR 10.22.10 provides for licensure, appropriate staffing, training on medication/behavior plans, uses of medications, and monitoring the use of medications. The Maryland Developmental Disabilities Administration utilizes a 20-hour curriculum, "Medication Technician Training Program," for medication administration and monitoring. Medication may only be administered by a licensed physician or nurse practitioner, unless an individual has completed the training to become a "Certified Medication Technician." Upon this certification, individuals are registered through the Maryland Board of Nursing and must receive direct supervision/monitoring by a licensed nurse practitioner at least quarterly. The Maryland Department of Health and Mental Hygiene (DHMH), Office of Health Care Quality oversees the monitoring of the Certified Medication Technicians, utilizing both proactive and reactive strategies, including direct supervision, monitoring of medication administration techniques, incident and complaint reporting, mortality investigations, and re-licensure surveys.

ii. Methods of State Oversight and Follow-Up. Describe: (a) the method(s) that the State uses to ensure that participant medications are managed appropriately, including: (a) the identification of potentially harmful practices (e.g., the concurrent use of contraindicated medications); (b) the method(s) for following up on potentially harmful practices; and, (c) the State agency (or agencies) that is responsible for follow-up and oversight.

The Developmental Disabilities Administration(DDA) policy on Reportable Events provides definitions of Chemical Support and Chemical Intervention and specifies the requirements for documentation, review, reporting, and investigation. This policy is available to CMS upon request. Licensed nurse practitioners from DDA regional offices supervise and monitor administration of medications by Certified Medication Techicians, including performance and relicensure. Incident and complaint reporting are also utilized to insure appropriate management of participant medications.

Residential service providers must maintain on-site medication logs detailing all prescribed medications, their

administration, and all medical/dental appointments and their results. DHMH and MSDE train service providers on medication requirements and monitor provider records and on-site medication logs to ensure that only Certified Medication Techicians administer medications, and that the correct medications are administered as prescribed. Staff from these agencies, parents, and service coordinators may also utilize the Reportable Event process to file compaints regarding medication administration.

All Providers must self-report medication errors within twenty-four hours to the DHMH Office of Health Care Quality. Providers must also promptly report all medication errors to MSDE as a Reportable Event. Medication errors may also be reported to Child Protective Services as neglect. All medication errors must be recorded and reported, including the omission of a scheduled administration, the administration of an incorrect medication, the administration of an incorrect dosage, the improper administration of a medication, and/or the missing of a scheduled medical or dental appointment.

Appendix G: Participant Safeguards

Appendix G-3: Medication Management and Administration (2 of 2)

- c. Medication Administration by Waiver Providers
 - i. Provider Administration of Medications. Select one:
 - Not applicable. (do not complete the remaining items)
 - Waiver providers are responsible for the administration of medications to waiver participants who cannot self-administer and/or have responsibility to oversee participant self-administration of medications. (complete the remaining items)
 - ii. State Policy. Summarize the State policies that apply to the administration of medications by waiver providers or waiver provider responsibilities when participants self-administer medications, including (if applicable) policies concerning medication administration by non-medical waiver provider personnel. State laws, regulations, and policies referenced in the specification are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

Maryland regulations require that any provider administering or overseeing the administration of medications be certified to do so by the State Board of Nursing, and be supervised at least quarterly by a state licensed nurse practitioner. The only service setting in which medications are administered by providers in the Autism Waiver is residential habilitation. Providers must maintain on site medication logs detailing all medications of each participant and logging all administrations of those medications. All medical appointments and prescriptions must be maintained in he medication logs.

- iii. Medication Error Reporting. Select one of the following:
 - Providers that are responsible for medication administration are required to both record and report medication errors to a State agency (or agencies).

 Complete the following three items:
 - (a) Specify State agency (or agencies) to which errors are reported:

Providers must report medication errors within twenty-four hours to the DHMH Office of Health Care Quality. Providers must also promptly report all medication errors to MSDE as a Reportable Event. Medication errors may also be reported to Child Protective Services as neglect.

(b) Specify the types of medication errors that providers are required to *record*:

All medication errors must be recorded, including the omission of a scheduled administration, the administration of an incorrect medication, the administration of an incorrect dosage, the improper administration of a medication, and/or the missing of a scheduled medical appointment.

(c) Specify the types of medication errors that providers must *report* to the State:

All medication errors must be reported, including the omission of a scheduled administration, the administration of an incorrect medication, the administration of an incorrect dosage, the improper administration of a medication, and/or the missing of a scheduled medical appointment.

Providers responsible for medication administration are required to record medication errors but make information about medication errors available only when requested by the State.

Specify the types of medication errors that providers are required to record:

iv. State Oversight Responsibility. Specify the State agency (or agencies) responsible for monitoring the performance of waiver providers in the administration of medications to waiver participants and how monitoring is performed and its frequency.

The DHMH Office of Health Care Quality oversees provider medication errors and may convene hearings and administer sanctions. MSDE is responsible for monitoring the performance of waiver providers in the administration of medications to waiver participants. Ongoing Monitoring is conducted through the Reportable Events process and may involve site inspections, Corrective Action Plans, or recommendations to the SMA for sanctions. Monitoring is also conducted through audits of provider medical logs and records. Monitoring of Residential Habilitation providers who are responsible for medication administration occurs at least once every two years, and more frequently if necessary due to quality performance indicators. Monitoring also occurs through licensed nurse practitioners who supervise providers responsible for medication administration at least quarterly.

Appendix G: Participant Safeguards

Quality Improvement: Health and Welfare

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Health and Welfare

The State, on an ongoing basis, identifies, addresses and seeks to prevent the occurrence of abuse, neglect and exploitation.

i. Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

All providers and service coordinators will receive annual training regarding abuse and neglect identification and reporting. Numerator: Number of provider agencies/service coordinators receiving at least one annual provider training re. abuse and neglect. Denominator: Total number of provider agencies/service coordinators.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):
State Medicaid Agency	☐ Weekly	№ 100% Review

Operating Agency	 Monthly	☐ Less than 100% Review
Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	✓ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
☐ State Medicaid Agency	™ Weekly
Operating Agency	■ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	Other Specify:

Performance Measure:

All identified incidents of abuse, neglect, and/or exploitation will be referred to local law enforcement as required by Maryland law. Numerator: Number of identified incidents of abuse, neglect, and/or exploitation referred to local law enforcement as required by Maryland law. Denominator: Total number of identified incidents of abuse, neglect, and/or exploitation.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):
☐ State Medicaid Agency	™ Weekly	№ 100% Review

Operating Agency	 Monthly	☐ Less than 100% Review
Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =
Other Specify:	☐ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify:
	Other Specify:	

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
☐ State Medicaid Agency	☐ Weekly
Operating Agency	Monthly
☐ Sub-State Entity	▽ Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	Other Specify:

Performance Measure:

All provider staff will have a criminal background investigation that indicates no instances of abuse, neglect, or exploitation. Numerator: Number of monitored provider employee files indicating a clear criminal background investigation. Denominator: Total number of monitored provider employee files.

Data Source (Select one):

Analyzed collected data (including surveys, focus group, interviews, etc)

	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):
▼ State Medicaid Agency	™ Weekly	☐ 100% Review

☐ Operating Agency	☐ Monthly	✓ Less than 100% Review
□ Sub-State Entity	☐ Quarterly	Representative Sample Confidence Interval =
Other Specify:	✓ Annually	Stratified Describe Group:
	Continuously and Ongoing	Other Specify: 10% Review
	Other Specify:	

Data Aggregation and Analysis:	
Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
☐ State Medicaid Agency	☐ Weekly
Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	Other Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.

Several methods are employed for remediation and/or addressing individual problems. The Reportable Event process detailed in this application identifies service coordinator, provider, and parent concerns regarding services to children on the waiver, both generally and, most commonly, individually. Reportable Events are filed with MSDE and result in an investigation of the incident that begins with the service coordinator. Reportable Events frequently result in a required Corrective Action Plan (CAP) from the provider. Depending upon the nature of the incident, Reportable Events may also result in referrals to DHMH for sanctions against the provider and referral to Child Protective Services. PIMMT records of monitoring visits to providers also result in CAPs from providers for individual findings from the records review.

As a preventative, proactive approach to increasing the general methods used for problem correction, as of 2009, all provider applicants are required to attend the Initial Provider Training session before providing waiver services. The training includes information to assist providers in operating their businesses or offering their services with attention to preventing the occurrence of abuse, neglect or exploitation.

All providers are required to submit to MSDE a standardized monthly CJIS update form. This report confirms the positive CJIS status of all employees, identifies all new and terminated employees, and lists the licensure/certification status of professional staff. MSDE utilizes the report to generate data on pending licensure/certification expirations among provider employees and to identify individual employees who receive a negative response to criminal background investigations or who commit crimes after being employed.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
▼ State Medicaid Agency	☐ Weekly
Operating Agency	Monthly
□ Sub-State Entity	▽ Quarterly
Other Specify:	✓ Annually
	Continuously and Ongoing
	Other Specify:
	Semi-annually

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Financial Accountability that are currently non-operational.

No

Yes

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix H: Quality Improvement Strategy (1 of 2)

Under §1915(c) of the Social Security Act and 42 CFR §441.302, the approval of an HCBS waiver requires that CMS determine that the State has made satisfactory assurances concerning the protection of participant health and welfare, financial accountability and other elements of waiver operations. Renewal of an existing waiver is contingent upon review by CMS and a finding by CMS that the assurances have been met. By completing the HCBS waiver application, the State specifies how it has designed the waiver's critical processes, structures and operational features in order to meet these assurances.

Quality Improvement is a critical operational feature that an organization employs to continually determine whether it operates in accordance with the approved design of its program, meets statutory and regulatory assurances and requirements, achieves desired outcomes, and identifies opportunities for improvement.

CMS recognizes that a state's waiver Quality Improvement Strategy may vary depending on the nature of the waiver target population, the services offered, and the waiver's relationship to other public programs, and will extend beyond regulatory

requirements. However, for the purpose of this application, the State is expected to have, at the minimum, systems in place to measure and improve its own performance in meeting six specific waiver assurances and requirements.

It may be more efficient and effective for a Quality Improvement Strategy to span multiple waivers and other long-term care services. CMS recognizes the value of this approach and will ask the state to identify other waiver programs and long-term care services that are addressed in the Quality Improvement Strategy.

Quality Improvement Strategy: Minimum Components

The Quality Improvement Strategy that will be in effect during the period of the approved waiver is described throughout the waiver in the appendices corresponding to the statutory assurances and sub-assurances. Other documents cited must be available to CMS upon request through the Medicaid agency or the operating agency (if appropriate).

In the QMS discovery and remediation sections throughout the application (located in Appendices A, B, C, D, G, and I), a state spells out:

- The evidence based discovery activities that will be conducted for each of the six major waiver assurances;
- The *remediation* activities followed to correct individual problems identified in the implementation of each of the assurances;

In Appendix H of the application, a State describes (1) the *system improvement* activities followed in response to aggregated, analyzed discovery and remediation information collected on each of the assurances; (2) the correspondent *roles/responsibilities* of those conducting assessing and prioritizing improving system corrections and improvements; and (3) the processes the state will follow to continuously *assess the effectiveness of the QMS* and revise it as necessary and appropriate.

If the State's Quality Improvement Strategy is not fully developed at the time the waiver application is submitted, the state may provide a work plan to fully develop its Quality Improvement Strategy, including the specific tasks the State plans to undertake during the period the waiver is in effect, the major milestones associated with these tasks, and the entity (or entities) responsible for the completion of these tasks.

When the Quality Improvement Strategy spans more than one waiver and/or other types of long-term care services under the Medicaid State plan, specify the control numbers for the other waiver programs and/or identify the other long-term services that are addressed in the Quality Improvement Strategy. In instances when the QMS spans more than one waiver, the State must be able to stratify information that is related to each approved waiver program.

Appendix H: Quality Improvement Strategy (2 of 2)

H-1: Systems Improvement

a. System Improvements

i. Describe the process(es) for trending, prioritizing, and implementing system improvements (i.e., design changes) prompted as a result of an analysis of discovery and remediation information.

The analysis of discovery data and remediation information is conducted on an on-going basis due to the waiver design feature of varied types of regular reporting and communications among waiver partners and stakeholders, as well as the forums of the Autism Waiver Advisory Committee and the Waiver Quality Council. The OSA is the lead entity responsible for trending, prioritizing and determining the need for system improvements. These processes are supported by the integral role of other waiver partners in providing data, which may also include data analysis, trending and the formulation of recommendations for system improvements. These partners include the service coordinators, providers, participants/families, Autism Waiver Advisory Committee members and Waiver Quality Council members.

When data analysis reveals the need for system change, the OSA makes recommendations to the SMA and through discussion of the options, the prioritization of design changes is agreed upon.

Implementation plans developed as a result of this process, will be shared with stakeholders primarily through the

forum of the Autism Waiver Advisory Committee and the focus groups for parents and providers. Depending on the nature of design changes, plans will also be presented to the Waiver Quality Council for review and recommendations. There will also be circumstances when system improvement plans originate in the Waiver Quality Council because there are over-arching design changes indicated that impact all or most of Maryland's HCBS waivers.

Stakeholder groups include the Autism Waiver Advisory Committee, Parent Focus Groups, and the Provider Focus Group, which meets monthly. The State will be convening a service coordinator focus group to address service coordinator as well as waiver issues. The stakeholder groups provide valuable input that assists the analysis of the effectiveness of system changes.

Additionally, each waiver presents results of trending and prioritizing program data as well as plans for system design changes to the Waiver Quality Council. Feedback is received from council members regarding the processes followed by the OSA and the results of their data analysis. Council members also share their experiences in using data to implement design changes in Maryland's other waivers. The Waiver Quality Council aggregates, tracks and trends quarterly Reportable Event data from the various waivers.

ii. System Improvement Activities

Responsible Party (check each that applies):	Frequency of Monitoring and Analysis (check each that applies):
▼ State Medicaid Agency	Weekly
▽ Operating Agency	✓ Monthly
Sub-State Entity	Quarterly
Quality Improvement Committee	✓ Annually
Other Specify:	Other Specify: Semi-annually

b. System Design Changes

i. Describe the process for monitoring and analyzing the effectiveness of system design changes. Include a description of the various roles and responsibilities involved in the processes for monitoring & assessing system design changes. If applicable, include the State's targeted standards for systems improvement.

The State of Maryland utilizes multiple methods to monitor and analyze the effectiveness of system design changes. Monitoring the effectiveness of the system design changes is an ongoing process performed predominately by the OSA, which is responsible for the administration of the waiver and for ensuring an effective, dynamic quality management system. The State Medicaid agency has a significant role providing oversight and technical assistance. Stakeholders also provide a valuable role in providing feedback and in analyzing the results of system change to the Autism Waiver. Stakeholder groups include the Autism Waiver Advisory Committee, Parent Focus Groups, and the Provider Focus Group, which meets monthly. The State will be convening a service coordinator focus group to address service coordinator as well as waiver issues. The stakeholder groups provide valuable input that assists the analysis of the effectiveness of system changes.

Additionally, each waiver presents system design changes and evaluation information to the Waiver Quality Council. Feedback is received from council members regarding the processes followed by the OSA and the results of the evaluation of effectiveness. Council members also share their experiences in monitoring and analyzing system design changes in Maryland's other waivers. The Waiver Quality Council, which meets quarterly, will provide ongoing feedback as monitoring reveals issues that should be brought before the Council. The Waiver Quality Council aggregates, tracks and trends quarterly Reportable Event data from the various waivers. This could result in overarching design changes involving all or some of Maryland's waivers. The Council would monitor and evaluate these changes through data presented to the Council by members representing individual waivers.

Analysis of Reportable Event data, service coordinator monitoring and provider monitoring are used on an ongoing basis to evaluate the effectiveness of system design changes in addition to the methods previously covered. An example of the above process would be the use of Reportable Event data for quality improvement in the area of

treatment plans developed by Autism Waiver providers. During the third quarter of 2008, MSDE received a significant number of Reportable Events from service coordinators regarding providers who were not providing treatment plans as required by program regulations.

By the middle of the third quarter, DHMH and MSDE had issued written guidance regarding the necessary elements and focus of treatment plans and provided technical assistance to specific providers and service coordinators. Reportable Event data at the end of the third quarter indicated a need for continued intervention. Within 60 days of receiving the initial Reportable Events, training had been provided to service coordinators twice and to providers once. In addition, more detailed written guidance was issued to both groups, and technical assistance for individuals continued to be provided.

Analysis of Reportable Event data for the fourth quarter of 2008 included only one instance of a provider not submitting a treatment plan as required in regulations, and it was a repeat of a previously filed Reportable Event for the same child. Monitoring of Reportable Events in FY 2009 to date has not revealed problems involving non-receipt of treatment plans by service coordinators. Evaluation of Provider Focus Group feedback indicates an increased and substantial comprehension of regulatory requirements and timelines for treatment plans, as well as components of effective treatment plans.

Monitoring the effectiveness of system design changes is an on-going process performed predominantly by MSDE staff who are responsible for the administration of the waiver and for ensuring an effective, dynamic quality management plan. Stakeholders also have a definite role in providing input to MSDE regarding plans for system design changes. As a logical extension of that role, stakeholders would also be involved in analyzing the results of changes made to the design of the Autism Waiver. These processes will be central to the guiding purpose of the Autism Waiver Advisory Council and the Autism Waiver Provider Focus Group. Parent focus groups have also been convened for this purpose. Again, waiver design changes will be examined at the DHMH-MSDE Interagency meetings, and will always be presented to the Waiver Quality Council for input and direction as appropriate. They will also be shared with families, service coordinators, and providers through mailings and trainings. The Towson State University Autism Waiver and Family Quality of Life Survey is another strategy utilized for monitoring the effectiveness of system design changes.

ii. Describe the process to periodically evaluate, as appropriate, the Quality Improvement Strategy.

The quality improvement strategy is subject to continuous evaluation of effectiveness and relevance by administering waiver staff, parents, providers, other stakeholders. Quality improvement strategies are based on decisions made by the OSA and SMA and their waiver partners about the types of data that will be gathered, the performance measures to be established, and the parties for and frequency of analysis of data and evaluation of system changes. Through the continuous process of discovery, vital information will continually flow into the waiver from many sources, such as, Reportable Events, stakeholder focus groups, provider and service coordinator training sessions, Interagency meetings, Advisory Council meetings, provider monitoring reports, provider applications, Fair Hearings, and parent satisfaction surveys. If the quality improvement system is not working, as intended, the repetition of issues and problems and unsuccessful remediation actions will indicate that the strategies must be assessed. To provide structure to the periodic evaluation of quality improvement, the OSA and SMA staff will routinely involve the Autism Waiver Advisory Council, the Waiver Quality Council, and the Autism Waiver Provider Focus Group. A review of the effectiveness and impact of quality improvement strategies will be on the Interagency meeting agenda monthly. A plan to work on identified, significant problem areas may result in the establishment of a specific task group of the convening of a stakeholder focus group. Consultation may also be sought from the Waiver Quality Council.

Appendix I: Financial Accountability

I-1: Financial Integrity and Accountability

Financial Integrity. Describe the methods that are employed to ensure the integrity of payments that have been made for waiver services, including: (a) requirements concerning the independent audit of provider agencies; (b) the financial audit program that the state conducts to ensure the integrity of provider billings for Medicaid payment of waiver services, including the methods, scope and frequency of audits; and, (c) the agency (or agencies) responsible for conducting the financial audit program. State laws, regulations, and policies referenced in the description are available to CMS upon request through the Medicaid agency or the operating agency (if applicable).

(a) There are no requirements for the independent audit of providers.

(b)(c)There is an annual independent audit of Maryland's Medical Assistance Program that includes Medicaid home and community-based waiver programs. The annual audit is conducted by an independent contractor in accordance with Circular A-133. A major focus of this audit is the integrity of provider billings. The contract for this audit is bid out every five years by Maryland's Comptroller's Office. The present contractor is Abrams, Foster, Nole and Williams.

The Maryland Department of Legislative Services conducts independent audits of all State agencies and programs including the Medical Assistance Program. Medicaid is audited on a two-year cycle.

The OSA with assistance from the SMA conducts annual reviews

of a sub-set of Autism Waiver providers. This review involves auditing a sample of plans of care against Medicaid paid claim data. Additionally, the review includes checking the qualifications of staff providing waiver services and the adequacy of service documentation.

Recovery of funds is pursued if services are not documented, not provided by qualified staff or are not provided in accordance with the child's approved plan of care. If there appear to be substantial issues with the provider's Medicaid billing, the DONS refers the provider to the Office of Inspector General for a more detailed audit. Such actions have led to referrals to the Medicaid Fraud Control Unit of the Attorney General's Office for further investigation.

Appendix I: Financial Accountability

Quality Improvement: Financial Accountability

As a distinct component of the State's quality improvement strategy, provide information in the following fields to detail the State's methods for discovery and remediation.

a. Methods for Discovery: Financial Accountability

State financial oversight exists to assure that claims are coded and paid for in accordance with the reimbursement methodology specified in the approved waiver.

i. Performance Measures

For each performance measure/indicator the State will use to assess compliance with the statutory assurance complete the following. Where possible, include numerator/denominator. Each performance measure must be specific to this waiver (i.e., data presented must be waiver specific).

For each performance measure, provide information on the aggregated data that will enable the State to analyze and assess progress toward the performance measure. In this section provide information on the method by which each source of data is analyzed statistically/deductively or inductively, how themes are identified or conclusions drawn, and how recommendations are formulated, where appropriate.

Performance Measure:

Percent of audited providers cited for billing in excess of the participant's approved plan of care. Numerator: Total # of audited providers cited for billing in excess of the participant's authorized POC Denominator: Total of audited providers

Data Source (Select one):

Record reviews, on-site

Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):	
▼ State Medicaid Agency	☐ Weekly ☐ 100% Review		
Operating Agency	 Monthly	Less than 100% Review	
☐ Sub-State Entity	Quarterly	☐ Representative	

		Sample Confidence Interval =
Other	Annually	
Specify:		Describe Group:
	Continuously and	 ⊘ Other
	Ongoing	Specify: 33% sample
	Other	
	Specify:	

Data Source (Select one): Record reviews, on-site

If 'Other' is selected, specify

Responsible Party for data collection/generation(check each that applies):	Frequency of data collection/generation(check each that applies):	Sampling Approach(check each that applies):		
V State Medicaid Agency	☐ Weekly	☐ 100% Review		
Operating Agency	Monthly	Less than 100% Review		
□ Sub-State Entity	□ Quarterly	Representative Sample Confidence Interval =		
Other Specify:	☐ Annually	Describe Group:		
	Continuously and Ongoing	Other Specify:		
	Other Specify:			

Data Aggregation and Analysis:

Responsible Party for data aggregation and analysis (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
▼ State Medicaid Agency	™ Weekly
Operating Agency	■ Monthly
☐ Sub-State Entity	▽ Quarterly

☐ Other	Annually
Specify:	
	Continuously and Ongoing
	☐ Other
	Specify:

ii. If applicable, in the textbox below provide any necessary additional information on the strategies employed by the State to discover/identify problems/issues within the waiver program, including frequency and parties responsible.

b. Methods for Remediation/Fixing Individual Problems

i. Describe the State's method for addressing individual problems as they are discovered. Include information regarding responsible parties and GENERAL methods for problem correction. In addition, provide information on the methods used by the State to document these items.

The SMA routinely initiates a recovery of funds paid to a provider for services provided in excess or not in accordance with, the participant's approved plan of care. Providers are required to submit a plan of correction and receive technical assistance from the OSA and/or SMA. Continued billing errors may result in referrals to the DHMh Office of Inspector General (OIG). The OIG refers cases to the Medicaid Fraud Control Unit as appropriate. The primary general method for problem correction in this area is provider group training by the OSA and SMA on Medicaid waiver billing. Additionally, the SMA distributes Billing Instuction Guidelines to all providers and updates them as necessary to reflect changes in the waiver impacting billing and/or to reflect annual rate changes.

ii. Remediation Data Aggregation

Remediation-related Data Aggregation and Analysis (including trend identification)

Responsible Party (check each that applies):	Frequency of data aggregation and analysis (check each that applies):
▼ State Medicaid Agency	☐ Weekly
▽ Operating Agency	☐ Monthly
☐ Sub-State Entity	☐ Quarterly
Other Specify:	Annually
	Continuously and Ongoing
	Other Specify:

c. Timelines

When the State does not have all elements of the Quality Improvement Strategy in place, provide timelines to design methods for discovery and remediation related to the assurance of Financial Accountability that are currently non-operational.

No

Yes

Please provide a detailed strategy for assuring Administrative Authority, the specific timeline for implementing identified strategies, and the parties responsible for its operation.

Appendix I: Financial Accountability

I-2: Rates, Billing and Claims (1 of 3)

a. Rate Determination Methods. In two pages or less, describe the methods that are employed to establish provider payment rates for waiver services and the entity or entities that are responsible for rate determination. Indicate any opportunity for public comment in the process. If different methods are employed for various types of services, the description may group services for which the same method is employed. State laws, regulations, and policies referenced in the description are available upon request to CMS through the Medicaid agency or the operating agency (if applicable).

The rates for Autism Waiver services were initially established prior to July 1, 2001 by the State Medicaid Agency (SMA). The SMA established an interagency workgroup for the Autism Waiver that reviewed the current rates of the Developmental Disabilities Administration services and community providers. The rates were reviewed as well as the types of service and the provider qualifications to establish the initial rates and to ensure consistency across programs for similiar services. The COMAR regulations required an annual cost of living increase of 2.5%. During April 2003 the rate for respite service was increased from \$12.50 to \$20.00 an hour to enable the State to enroll providers. Providers were not willing to provide respite care service at \$12.50 an hour. In 2007, the rate for residential habilitation was increased to cover the cost of the service. The rates were reviewed by the Autism Waiver Advisory Committee and published in COMAR, and there is a state mandated public comment period for COMAR.

The fee-for service rate for autism waiver services, except residential habilitation and respite is the inital rate established by the SMA with an annual increase of 2.5%. Environmental accessibility adaptions does not have the 2.5% annual rate increase.

b. Flow of Billings. Describe the flow of billings for waiver services, specifying whether provider billings flow directly from providers to the State's claims payment system or whether billings are routed through other intermediary entities. If billings flow through other intermediary entities, specify the entities:

Providers of Autism Waiver services bill the SMA directly. There are no intermediary entities involved in the claims process.

Appendix I: Financial Accountability

I-2: Rates, Billing and Claims (2 of 3)

- c. Certifying Public Expenditures (select one):
 - No. State or local government agencies do not certify expenditures for waiver services.
 - © Yes. State or local government agencies directly expend funds for part or all of the cost of waiver services and certify their State government expenditures (CPE) in lieu of billing that amount to Medicaid.

Select at least one:

Certified Public Expenditures (CPE) of State Public Agencies.

Specify: (a) the State government agency or agencies that certify public expenditures for waiver services; (b) how it is assured that the CPE is based on the total computable costs for waiver services; and, (c) how the State verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51 (b).(Indicate source of revenue for CPEs in Item I-4-a.)

Certified Public Expenditures (CPE) of Local Government Agencies.

Specify: (a) the local government agencies that incur certified public expenditures for waiver services; (b) how it is assured that the CPE is based on total computable costs for waiver services; and, (c) how the State verifies that the certified public expenditures are eligible for Federal financial participation in accordance with 42 CFR §433.51(b).



Appendix I: Financial Accountability

I-2: Rates, Billing and Claims (3 of 3)

- **d. Billing Validation Process.** Describe the process for validating provider billings to produce the claim for federal financial participation, including the mechanism(s) to assure that all claims for payment are made only: (a) when the individual was eligible for Medicaid waiver payment on the date of service; (b) when the service was included in the participant's approved service plan; and, (c) the services were provided:
 - a) Payments for all waiver services are made through the approved Medicaid Management Information System (MMIS). The claims are subject to editing in MMIS to ensure the participant's waiver eligibility on the date of service. The claims are also edited to ensure that those which require preauthorization are, indeed, preauthorized and are being billed according to the specific preauthorization's parameters such as the preauthorization's time span, number of units of service preauthorized, type of service preauthorized, etc. Requests are made for federal financial participation based on claims processed through the MMIS.
 - (b) The OSA's staff with assitance from the SMA also verify the service was included and rendered in accordance with the participant's approved POC when it performs provider audits including a review of paid claims data. The OSA and SMA also thoroughly investigate complaints that are received that are alledging a provider has been overbilling, billing for services they were not authorized to provide, or not rendering services.
 - (c)The same processes as noted in (b) of this answer apply to(c) as well.
- **e. Billing and Claims Record Maintenance Requirement.** Records documenting the audit trail of adjudicated claims (including supporting documentation) are maintained by the Medicaid agency, the operating agency (if applicable), and providers of waiver services for a minimum period of 3 years as required in 45 CFR §92.42.

Appendix I: Financial Accountability

I-3: Payment (1 of 7)

- a. Method of payments -- MMIS (select one):
 - Payments for all waiver services are made through an approved Medicaid Management Information System (MMIS).
 - Payments for some, but not all, waiver services are made through an approved MMIS.

Specify: (a) the waiver services that are not paid through an approved MMIS; (b) the process for making such payments and the entity that processes payments; (c) and how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:

Payments for waiver services are not made through an approved MMIS.

Specify: (a) the process by which payments are made and the entity that processes payments; (b) how and through which system(s) the payments are processed; (c) how an audit trail is maintained for all state and federal funds expended outside the MMIS; and, (d) the basis for the draw of federal funds and claiming of these expenditures on the CMS-64:

Payments for waiver services are made by a managed care entity or entities. The managed care entity is paid a monthly capitated payment per eligible enrollee through an approved MMIS.

Describe: (a) the nature of the supplemental or enhanced payments that are made and the waiver services for which these payments are made; (b) the types of providers to which such payments are made; (c) the source of the non-Federal share of the supplemental or enhanced payment; and, (d) whether providers eligible to receive the supplemental or enhanced payment retain 100% of the total computable expenditure claimed by the State to CMS. Upon request, the State will furnish CMS with detailed information about the total amount of supplemental or enhanced payments to each provider type in the waiver.

Appendix I: Financial Accountability

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- **d.** Payments to State or Local Government Providers. Specify whether State or local government providers receive payment for the provision of waiver services.
 - No. State or local government providers do not receive payment for waiver services. Do not complete Item I-3-e.
 - Yes. State or local government providers receive payment for waiver services. Complete Item I-3-e.

Specify the types of State or local government providers that receive payment for waiver services and the services that the State or local government providers furnish: *Complete item I-3-e*.

Appendix I: Financial Accountability

I-3: Payment (5 of 7)

e. Amount of Payment to State or Local Government Providers.

Specify whether any State or local government provider receives payments (including regular and any supplemental payments) that in the aggregate exceed its reasonable costs of providing waiver services and, if so, whether and how the State recoups the excess and returns the Federal share of the excess to CMS on the quarterly expenditure report. *Select one:*

Answers provided in Appendix I-3-d indicate that you do not need to complete this section.

- The amount paid to State or local government providers is the same as the amount paid to private providers of the same service.
- The amount paid to State or local government providers differs from the amount paid to private providers of the same service. No public provider receives payments that in the aggregate exceed its reasonable costs of providing waiver services.
- The amount paid to State or local government providers differs from the amount paid to private providers of the same service. When a State or local government provider receives payments (including regular and any supplemental payments) that in the aggregate exceed the cost of waiver services, the State recoups the excess and returns the federal share of the excess to CMS on the quarterly expenditure report.

Describe the recoupment process:

Appendix I: Financial Accountability

I-3: Payment (6 of 7)

- **f. Provider Retention of Payments.** Section 1903(a)(1) provides that Federal matching funds are only available for expenditures made by states for services under the approved waiver. *Select one:*
 - © Providers receive and retain 100 percent of the amount claimed to CMS for waiver services.
 - Providers are paid by a managed care entity (or entities) that is paid a monthly capitated payment.

Specify whether the monthly capitated payment to managed care entities is reduced or returned in part to the State.

Appendix I: Financial Accountability

I-3: Payment (7 of 7)

g. Additional Payment Arrangements

- i. Voluntary Reassignment of Payments to a Governmental Agency. Select one:
 - No. The State does not provide that providers may voluntarily reassign their right to direct payments to a governmental agency.
 - Yes. Providers may voluntarily reassign their right to direct payments to a governmental agency as provided in 42 CFR §447.10(e).

Specify the governmental agency (or agencies) to which reassignment may be made.

- ii. Organized Health Care Delivery System. Select one:
 - No. The State does not employ Organized Health Care Delivery System (OHCDS) arrangements under the provisions of 42 CFR §447.10.
 - Yes. The waiver provides for the use of Organized Health Care Delivery System arrangements under the provisions of 42 CFR §447.10.

Specify the following: (a) the entities that are designated as an OHCDS and how these entities qualify for designation as an OHCDS; (b) the procedures for direct provider enrollment when a provider does not voluntarily agree to contract with a designated OHCDS; (c) the method(s) for assuring that participants have free choice of qualified providers when an OHCDS arrangement is employed, including the selection of providers not affiliated with the OHCDS; (d) the method(s) for assuring that providers that furnish services under contract with an OHCDS meet applicable provider qualifications under the waiver; (e) how it is assured that OHCDS contracts with providers meet applicable requirements; and, (f) how financial accountability is assured when an OHCDS arrangement is used:

- iii. Contracts with MCOs, PIHPs or PAHPs. Select one:
 - The State does not contract with MCOs, PIHPs or PAHPs for the provision of waiver services.
 - The State contracts with a Managed Care Organization(s) (MCOs) and/or prepaid inpatient health plan(s) (PIHP) or prepaid ambulatory health plan(s) (PAHP) under the provisions of §1915(a)(1) of the Act for the delivery of waiver and other services. Participants may voluntarily elect to receive waiver and other services through such MCOs or prepaid health plans. Contracts with these health plans are on file at the State Medicaid agency.

Describe: (a) the MCOs and/or health plans that furnish services under the provisions of §1915(a)(1); (b) the geographic areas served by these plans; (c) the waiver and other services furnished by these plans; and, (d) how payments are made to the health plans.

This waiver is a part of a concurrent §1915(b)/§1915(c) waiver. Participants are required to obtain waiver and other services through a MCO and/or prepaid inpatient health plan (PIHP) or a prepaid ambulatory

health plan (PAHP). The §1915(b) waiver specifies the types of health plans that are used and how payments to these plans are made.

Appendix I: Financial Accountability

I-4: Non-Federal Matching Funds (1 of 3)

- **a. State Level Source(s) of the Non-Federal Share of Computable Waiver Costs.** Specify the State source or sources of the non-federal share of computable waiver costs. *Select at least one*:
 - Appropriation of State Tax Revenues to the State Medicaid agency
 - Appropriation of State Tax Revenues to a State Agency other than the Medicaid Agency.

If the source of the non-federal share is appropriations to another state agency (or agencies), specify: (a) the State entity or agency receiving appropriated funds and (b) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if the funds are directly expended by State agencies as CPEs, as indicated in Item I-2-c:

The non-federal share of waiver services is in the Maryland State Department of Education (MSDE) budget appropriation. The funds are transferred quarterly to the State Medicaid agency. A grant is established at the start of each fiscal year for the dollar amount of the state appropriation. Funds are transferred quarterly based upon an electronic report of waiver services paid for that quarter and other charges. The transfer is an electronic transfer through the State's accounting system.

☐ Other State Level Source(s) of Funds.

Specify: (a) the source and nature of funds; (b) the entity or agency that receives the funds; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement, and/or, indicate if funds are directly expended by State agencies as CPEs, as indicated in Item I-2- c:

Appendix I: Financial Accountability

I-4: Non-Federal Matching Funds (2 of 3)

- b. Local Government or Other Source(s) of the Non-Federal Share of Computable Waiver Costs. Specify the source or sources of the non-federal share of computable waiver costs that are not from state sources. *Select One*:
 - Not Applicable. There are no local government level sources of funds utilized as the non-federal share.
 - Applicable

Check each that applies:

Appropriation of Local Government Revenues.

Specify: (a) the local government entity or entities that have the authority to levy taxes or other revenues; (b) the source(s) of revenue; and, (c) the mechanism that is used to transfer the funds to the Medicaid Agency or Fiscal Agent, such as an Intergovernmental Transfer (IGT), including any matching arrangement (indicate any intervening entities in the transfer process), and/or, indicate if funds are directly expended by local government agencies as CPEs, as specified in Item I-2-c:

■ Other Local Government Level Source(s) of Funds.

Specify: (a) the source of funds; (b) the local government entity or agency receiving funds; and, (c) the mechanism
that is used to transfer the funds to the State Medicaid Agency or Fiscal Agent, such as an Intergovernmental
Transfer (IGT), including any matching arrangement, and /or, indicate if funds are directly expended by local
government agencies as CPEs, as specified in Item I-2- c:

Appendix I: Financial Accountability

I-4: Non-Federal Matching Funds (3 of 3)

- **c. Information Concerning Certain Sources of Funds.** Indicate whether any of the funds listed in Items I-4-a or I-4-b that make up the non-federal share of computable waiver costs come from the following sources: (a) health care-related taxes or fees; (b) provider-related donations; and/or, (c) federal funds. *Select one*:
 - None of the specified sources of funds contribute to the non-federal share of computable waiver costs
 - The following source(s) are used

Check each that applies:

- **■** Health care-related taxes or fees
- **■** Provider-related donations
- **☐** Federal funds

For each source of funds indicated above, describe the source of the funds in detail:

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I-5: Exclusion of Medicaid Payment for Room and Board

- a. Services Furnished in Residential Settings. Select one:
 - No services under this waiver are furnished in residential settings other than the private residence of the individual.
 - As specified in Appendix C, the State furnishes waiver services in residential settings other than the personal home of the individual.
- b. Method for Excluding the Cost of Room and Board Furnished in Residential Settings. The following describes the methodology that the State uses to exclude Medicaid payment for room and board in residential settings:

The residential habilitation provider submits claims for payment to the SMA for services provided in a residential facility. The claims are the lesser of the fee for service rate or the actual cost. The fee for service or actual cost does not include room and board charges. The room and board costs are submitted by each provider to the OSA monthly, with the specific charge for room and board designated for each individual. The OSA will pay the room and board charge directly to the provider after verifying daily attendance at the facility. Beginning July 1, 2009 the provider will deduct co-payments received from the family for room and board costs from the invoice submitted to the OSA. The families co-payment will be from the child's SSI payments, if receiving SSI.

Appendix I: Financial Accountability

I-6: Payment for Rent and Food Expenses of an Unrelated Live-In Caregiver

Reimbursement for the Rent and Food Expenses of an Unrelated Live-In Personal Caregiver. Select one:

- **No.** The State does not reimburse for the rent and food expenses of an unrelated live-in personal caregiver who resides in the same household as the participant.
- Yes. Per 42 CFR §441.310(a)(2)(ii), the State will claim FFP for the additional costs of rent and food that can be reasonably attributed to an unrelated live-in personal caregiver who resides in the same household as the waiver participant. The State describes its coverage of live-in caregiver in Appendix C-3 and the costs attributable to rent and food for the live-in caregiver are reflected separately in the computation of factor D (cost of waiver services) in Appendix J. FFP for rent and food for a live-in caregiver will not be claimed when the participant lives in the caregiver's home or in a residence that is owned or leased by the provider of Medicaid services.

The following is an explanation of: (a) the method used to apportion the additional costs of rent and food attributable to the unrelated live-in personal caregiver that are incurred by the individual served on the waiver and (b) the method used to reimburse these costs:

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (1 of 5)

- **a. Co-Payment Requirements.** Specify whether the State imposes a co-payment or similar charge upon waiver participants for waiver services. These charges are calculated per service and have the effect of reducing the total computable claim for federal financial participation. *Select one:*
 - No. The State does not impose a co-payment or similar charge upon participants for waiver services.
 - Yes. The State imposes a co-payment or similar charge upon participants for one or more waiver services.
 - i. Co-Pay Arrangement.

Specify the types of co-pay arrangements that are imposed on waiver participants (check each that applies):

harges Associated with the Provision of Waiver Services (if any are checked, complete Items I-7-a-ii through I-a-iv):
Nominal deductible
Coinsurance
Co-Payment
Other charge
Specify:

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (2 of 5)

- a. Co-Payment Requirements.
 - ii. Participants Subject to Co-pay Charges for Waiver Services.

Answers provided in Appendix I-7-a indicate that you do not need to complete this section.

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (3 of 5)

- a. Co-Payment Requirements.
 - iii. Amount of Co-Pay Charges for Waiver Services.

Answers provided in Appendix I-7-a indicate that you do not need to complete this section.

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (4 of 5)

- a. Co-Payment Requirements.
 - iv. Cumulative Maximum Charges.

Answers provided in Appendix I-7-a indicate that you do not need to complete this section.

Appendix I: Financial Accountability

I-7: Participant Co-Payments for Waiver Services and Other Cost Sharing (5 of 5)

- **b.** Other State Requirement for Cost Sharing. Specify whether the State imposes a premium, enrollment fee or similar cost sharing on waiver participants. *Select one*:
 - No. The State does not impose a premium, enrollment fee, or similar cost-sharing arrangement on waiver participants.
 - Yes. The State imposes a premium, enrollment fee or similar cost-sharing arrangement.

Describe in detail the cost sharing arrangement, including: (a) the type of cost sharing (e.g., premium, enrollment fee); (b) the amount of charge and how the amount of the charge is related to total gross family income; (c) the groups of participants subject to cost-sharing and the groups who are excluded; and, (d) the mechanisms for the collection of cost-sharing and reporting the amount collected on the CMS 64:

Appendix J: Cost Neutrality Demonstration

J-1: Composite Overview and Demonstration of Cost-Neutrality Formula

Composite Overview. Complete the fields in Cols. 3, 5 and 6 in the following table for each waiver year. The fields in Cols. 4, 7 and 8 are auto-calculated based on entries in Cols 3, 5, and 6. The fields in Col. 2 are auto-calculated using the Factor D data from the J-2d Estimate of Factor D tables. Col. 2 fields will be populated ONLY when the Estimate of Factor D tables in J-2d have been completed.

Level(s) of Care: ICF/MR

Col. 1	Col. 2	Col. 3	Col. 4	Col. 5	Col. 6	Col. 7	Col. 8
Year	Factor D	Factor D'	Total: D+D'	Factor G	Factor G'	Total: G+G'	Difference (Col 7 less Column4)
1	33668.96	11385.94	45054.90	160612.27	1890.02	162502.29	117447.39
2	37012.16	10816.64	47828.80	162218.39	1927.82	164146.21	116317.41
3	40788.39	10275.81	51064.20	163840.57	1966.38	165806.95	114742.75
4	44965.76	9762.02	54727.78	165478.98	2005.71	167484.69	112756.91
5	49655.08	9273.92	58929.00	167133.77	2045.83	169179.60	110250.60

J-2: Derivation of Estimates (1 of 9)

a. Number Of Unduplicated Participants Served. Enter the total number of unduplicated participants from Item B-3-a who will be served each year that the waiver is in operation. When the waiver serves individuals under more than one level of care, specify the number of unduplicated participants for each level of care:

Table: J-2-a: Unduplicated Participants

Waiver Year	Total Number Unduplicated Number of Participants (from Item B-3-a)	Distribution of Unduplicated Participants by Level of Care (if applicable) Level of Care: ICF/MR
Year 1	1000	1000
Year 2	1100	1100
Year 3	1200	1200
Year 4 (renewal only)	1300	1300
Year 5 (renewal only)	1400	1400

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (2 of 9)

b. Average Length of Stay. Describe the basis of the estimate of the average length of stay on the waiver by participants in item J-2-a.

The average length of stay for all waiver years is 355 days. This is based on the average length of stay reported on the CMS 372 Lag reports for fiscal years 2005-2007.

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (3 of 9)

- Derivation of Estimates for Each Factor. Provide a narrative description for the derivation of the estimates of the following factors.
 - i. Factor D Derivation. The estimates of Factor D for each waiver year are located in Item J-2-d. The basis for these estimates is as follows:

To determine estimates for Factor D, DHMH and MSDE analyzed CMS 372 reports and other recent utilization data trends for numbers of users and utilization of services. Some estimates were also made in accordance with recent policy changes and procedures regarding service limitations described in the narrative sections of this waiver application. For example, in WY 1 the annual limitation on respite care hours is being increased from 168 to 336. Assumptions for each Waiver Year (WY) for this renewal are below.

NUMBER OF USERS:

Generally, FY 2007 is used as the base year with annual increases determined by the percent of growth occuring in susequent fiscal years. Annual increases are due to the increase of providers in the program which influences the use of services, modifications and/or additions to services as well as routine annual provider rate increases.

Environmental Accessibility Adaptations users will increase due to the increase of providers and demand for the service. WY1: 16%, WY2: 10%, WY3: 9%. WY4; 8%, WY5: 7%

Family Training users will increase due to the increase of waiver slots. In addition, the provider population has increased in this specialty area.

Respite Care users will increase due to the increase of waiver slots and in the number of units of service allowed each waiver year. Unduplicated users are expected to increase by 14% WY1, 10% WY2, 9% WY3, 8% WY4, and 8% WY5.

Intensive Individual Support Services users will increase due to the increase in waiver slots, increased provider population, and demand for the service. Unduplicated users are expected to increase by 11% WY1, 10% WY2, 9% WY3, 8% WY4, and 8% WY5.

Therapeutic Integration users will increase due to the increase in waiver slots and expanded provider population. WY1: 16%, WY2: 10%, WY3: 9%, WY4: 8%, WY5: 8%

Adult Life Planning is a new waiver service, which has been established to assist in transitioning youth to the adult community. MSDE and DHMH have analyzed data that demonstrates that approximately 20 (19%) waiver participants will transition/age out of the waiver each Waiver Years 2011-2014.

Intensive Residential Habilitation users are expected to increase as identified in the trend noted in recent CMS 372 reports. Unduplicated users are expected to increase by one participant (4%) WY1-WY5.

AVERAGE UNITS PER USER:

Based on past utilization obtained from the CMS 372, all waiver services demonstrated an increase in utilization each waiver year. In addition, there modifications to existing waiver services will influence service utilization; therefore, an average increase is expected for each waiver service.

Environmental Accessibility Adaptations utilization will not change.

Family Training utilization will increase due to the increase in waiver providers: WY1: 9%, WY2-5: 4.5%

Intensive Individual Support Services utilization will increase due to two reasons. There has been an increase in service providers. In addition, the demand for this service yields a 9% increase for WY1-5.

Therapeutic Integration utilization will increase due to the increase in providers, thereby the demand for this service is being met: WY1-WY5: 6% annual increase.

Adult Life Planning utilization will not change.

Intensive Residential Habilitation utilization will increase as identified in the trend noted from recent CMS 372 reports. Service utilization is expected to increase 5% WY1-WY5.

UNIT COST:

Due to cost containment in the FY10 budget, provider rates will increase 0.9 percent in WY1. For the remainder of the waiver years, provider rates will increase 1.5% annually.

ii. Factor D' Derivation. The estimates of Factor D' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Past utilization data for Factor D' includes State plan and EPSDT costs. To assist in determining Factor D' for this waiver renewal, actual costs from the CMS 372 for FY 2005 through 2007. In projecting forward, it was derived that the annual cost for Factor D' would decrease 5% annually.

iii. Factor G Derivation. The estimates of Factor G for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Factor G was derived from the average annual cost (expenditures divided by number of unduplicated participants) of ICF/MR care for individuals served in an ICF/MR. The average annual cost was inflated by the average rate of ICF/MR inflation over the past few years, specifically FY 2005-2007.

iv. Factor G' Derivation. The estimates of Factor G' for each waiver year are included in Item J-1. The basis of these estimates is as follows:

Factor G' was derived using the average annual Medicaid cost of all non-ICF/MR services for institutionalized individuals who are receiving non-institutional Medicaid services. The average annual cost was inflated by the average rate of inflation over the past few years, specifically FY 2005-2007.

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (4 of 9)

Component management for waiver services. If the service(s) below includes two or more discrete services that are reimbursed separately, or is a bundled service, each component of the service must be listed. Select "*manage components*" to add these components.

Waiver Services	
Environmental Accessibility Adaptations	
Adult Life Planning	
Family Training	
Residential Habilitation	
Respite Care	
Therapeutic Integration	
Intensive Individual Support Services	

Appendix J: Cost Neutrality Demonstration

J-2: Derivation of Estimates (5 of 9)

d. Estimate of Factor D.

i. Non-Concurrent Waiver. Complete the following table for each waiver year. Enter data into the Unit, # Users, Avg. Units Per User, and Avg. Cost/Unit fields for all the Waiver Service/Component items. Select Save and Calculate to automatically calculate and populate the Component Costs and Total Costs fields. All fields in this table must be completed in order to populate the Factor D fields in the J-1 Composite Overview table.

Waiver Year: Year 1

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Environmental Accessibility Adaptations Total:						91463.24
Environmental Accessibility					91463.24	_

Adaptations	1 Unit	79	1.15	1006.75		
Adult Life Planning Total:						156392.40
Adult Life Planning	1 Hour	106	15.00	98.36	156392.40	
Family Training Total:						1868525.25
Family Training	1 Hour	766	24.80	98.36	1868525.25	
Residential Habilitation Total:						2878834.59
Regular Residential Habilitation	1 Day	0	0.00	197.68	0.00	
Intensive Residential Habiliation	1 Day	25	283.44	395.39	2801733.54	
Family Leave (Regular)	1 Day	0	0.00	197.68	0.00	
Family Leave (Intensive)	1 Day	13	15.00	395.39	77101.05	
Respite Care Total:						3230720.46
Respite Care	1 Hour	738	187.00	23.41	3230720.46	
Therapeutic Integration Total:						1599234.95
Therapeutic Integration	30 Minutes	283	471.31	11.99	1599234.95	
Intensive Individual Support Services Total:						23843791.93
Intensive Individual Support Services	30 Minutes	912	1744.13	14.99	23843791.93	
	GRAND TOTAL: Total Estimated Unduplicated Participants: Factor D (Divide total by number of participants):					33668962.82 1000 33668.96
	Average Length of Stay on the Waiver:					

J-2: Derivation of Estimates (6 of 9)

d. Estimate of Factor D.

Waiver Year: Year 2

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Environmental Accessibility Adaptations Total:						107733.84
Environmental Accessibility Adaptations	1 Unit	87	1.15	1076.80	107733.84	
Adult Life Planning Total:						188697.60

Adult Life Planning	1 Hour	126	15.00	99.84	188697.60	
Family Training Total:						2177290.75
Family Training	1 Hour	842	25.90	99.84	2177290.75	
Residential Habilitation Total:						3191232.43
Regular Residential Habilitation	1 Day	0	0.00	200.65	0.00	
Intensive Residential Habiliation	1 Day	26	298.34	401.32	3112975.03	
Family Leave (Regular)	1 Day	0	0.00	200.65	0.00	
Family Leave (Intensive)	1 Day	13	15.00	401.32	78257.40	
Respite Care Total:						4148985.46
Respite Care	1 Hour	812	215.05	23.76	4148985.46	
Therapeutic Integration Total:						1896963.21
Therapeutic Integration	30 Minutes	312	499.59	12.17	1896963.21	
Intensive Individual Support Services Total:						29002478.19
Intensive Individual Support Services	30 Minutes	1003	1901.10	15.21	29002478.19	
			40713381.48 1100 37012.16 355			

J-2: Derivation of Estimates (7 of 9)

d. Estimate of Factor D.

Waiver Year: Year 3

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Environmental Accessibility Adaptations Total:						125875.66
Environmental Accessibility Adaptations	1 Unit	95	1.15	1152.18	125875.66	
Adult Life Planning Total:						221934.60
Adult Life Planning	1 Hour	146	15.00	101.34	221934.60	
Family Training Total:						2521999.94

Family Training	1 Hour	919	27.08	101.34	2521999,94	
Residential Habilitation Total:						3539409.85
Regular Residential Habilitation	1 Day	0	0.00	203.66	0.00	
Intensive Residential Habiliation	1 Day	27	314.04	407.34	3453868.45	
Family Leave (Regular)	1 Day	0	0.00	203.66	0.00	
Family Leave (Intensive)	1 Day	14	15.00	407.34	85541.40	
Respite Care Total:						5278915.26
Respite Care	1 Hour	885	247.30	24.12	5278915.26	
Therapeutic Integration Total:						2223664.43
Therapeutic Integration	30 Minutes	340	529.57	12.35	2223664.43	
Intensive Individual Support Services Total:						35034270.96
Intensive Individual Support Services	30 Minutes	1095	2072.20	15.44	35034270.96	
	GRAND TOTAL: Total Estimated Unduplicated Participants: Factor D (Divide total by number of participants):					
	Average Len	ngth of Stay on the Waiver	:	<u> </u>		355

J-2: Derivation of Estimates (8 of 9)

d. Estimate of Factor D.

Waiver Year: Year 4 (renewal only)

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Environmental Accessibility Adaptations Total:						146028.71
Environmental Accessibility Adaptations	1 Unit	103	1.15	1232.83	146028.71	
Adult Life Planning Total:						256121.40
Adult Life Planning	1 Hour	166	15.00	102.86	256121.40	
Family Training Total:						2896383.31
Family Training	1 Hour	995	28.30	102.86	2896383.31	
Residential Habilitation Total:						3912775.03

Regular Residential Habilitation	1 Day	0	0.00	206.71	0.00	
Intensive Residential Habiliation	1 Day	28	330.49	413.45	3825950.53	
Family Leave (Regular)	1 Day	0	0.00	206.71	0.00	
Family Leave (Intensive)	1 Day	14	15.00	413.45	86824.50	
Respite Care Total:						6676665.41
Respite Care	1 Hour	959	284.40	24.48	6676665.41	
Therapeutic Integration Total:						2590426.92
Therapeutic Integration	30 Minutes	368	561.34	12.54	2590426.92	
Intensive Individual Support Services Total:						41977081.19
Intensive Individual Support Services	30 Minutes	1186	2258.70	15.67	41977081.19	
	GRAND TOTAL: Total Estimated Unduplicated Participants: Factor D (Divide total by number of participants):					
	Average Ler	ngth of Stay on the Waiver	:			355

J-2: Derivation of Estimates (9 of 9)

d. Estimate of Factor D.

Waiver Year: Year 5 (renewal only)

Waiver Service/ Component	Unit	# Users	Avg. Units Per User	Avg. Cost/ Unit	Component Cost	Total Cost
Environmental Accessibility Adaptations Total:						166869.94
Environmental Accessibility Adaptations	1 Unit	110	1.15	1319.13	166869.94	
Adult Life Planning Total:						291276.00
Adult Life Planning	1 Hour	186	15.00	104.40	291276.00	
Family Training Total:						3309379.78
Family Training	1 Hour	1072	29.57	104.40	3309379.78	
Residential Habilitation Total:						4326608.29
Regular Residential Habilitation	1 Day	0	0.00	209.81	0.00	
Intensive Residential Habiliation	1 Day	29	347.76	419.65	4232187.04	

Family Leave (Regular)	1 Day	0	0.00	209.81	0.00		
Family Leave (Intensive)	1 Day	15	15.00	419.65	94421.25		
Respite Care Total:						8395646.55	
Respite Care	1 Hour	1033	327.06	24.85	8395646.55		
Therapeutic Integration Total:						3007118.03	
Therapeutic Integration	30 Minutes	397	595.02	12.73	3007118.03		
Intensive Individual Support Services Total:						50020220.00	
Intensive Individual Support Services	30 Minutes	1277	2461.98	15.91	50020220.00		
GRAND TOTAL: 695 Total Estimated Unduplicated Participants: Factor D (Divide total by number of participants): Average Length of Stay on the Waiver:							